



November 4, 2024

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## **Save The Date:**

### **UHP Instructor/Coordinator Interviews**

Three candidates for the UHP Instructor/Coordinator position will be visiting campus to interview this month.

Honors Student involvement is invited and requested. Honors students may attend the teaching example session and student forum sessions of the interviews.

*This is your chance to participate in the hiring process and voice your perspective. We value your input!*

The first scheduled interview is

**Wednesday, November 13th with Sarah Ricks**

Teaching Demonstration | REND 315 | 10:00am - 10:45am

Student Forum | REND 315 | 11:00am - 11:45am

We will announce the interviews with the other candidates as they are scheduled. If you have any questions about the process and student involvement, send us an email at [honors@isu.edu](mailto:honors@isu.edu).

# Announcements & Opportunities

## An Invitation to Join the ISU Student United Way Club

Student United Way of Idaho State University is a student-run club under the global United Way nonprofit organization. Our mission is to help kids in our community see that further education is always an option. We have been making plans to volunteer with the Head Start program, Marshall Public Library, Bannock County Juvenile Detention Center, and more. It's our first full year on campus and we are looking for some active members who are interested in service in the Pocatello Community. The next club meeting will be in November and is TBD.

Follow our Instagram or visit our website to learn more!

Instagram: @StudentUnited.ISU

<https://unitedwaysei.org/home/get-involved/student-united-way/>



## The Rupp Debate Society

ARGUING! It's a skill that can promote civil discourse and contribute positively to our society. The Rupp debate team is an award winning team open to students from ISU who wish to compete in intercollegiate debate and speech competitions. The team is open to students at all experience levels, from beginner to advanced.

For more information contact Dr. Partlow-Lefevre at [sarahpartlowlefev@isu.edu](mailto:sarahpartlowlefev@isu.edu)

Join a diverse, passionate group of students arguing for a better future.

## Graduate School's 8th Annual 3MT Competition

Thursday, November 14 | 6:00pm | Black Box Theater at the SPAC

ISU Honors Student are extended a special invitation to attend the Graduate School's 8th Annual 3-Minute-Thesis competition as a special guest. If you attend, you will receive a personalized name badge, specialty seating to watch the competition, and reserved seating to attend the awards ceremony afterward where there will be complimentary hors d'oeuvres and beverages.

**RSVP by November 8, 2024 to reserve your seat!**



## Interested in the ROAR Rx / Pre-Pharmacy Program?

If you are interested in any of the Pharmacy programs, you are encouraged to view [this recorded Advising Meeting](#). The meeting covers the PharmCAS application process, practicing for the Admission Interviews, and an information overview about the PharmD Dual Degree program options by two student guest speakers currently in the program.

Students must have completed a Bachelor's degree before pursuing the PhD Dual Degree to begin the program in the first semester of their PharmD year, however; students need to be accepted into the PharmD program first and meet any other requirements.

Go to [isu.edu/pharmacy/](https://isu.edu/pharmacy/) to learn more about the different Pharmacy Degree programs.

Contact Linda Jackson at [lindajackson@isu.edu](mailto:lindajackson@isu.edu) with questions or schedule an appointment with Linda directly at <https://lindajackson-6.youcanbook.me/>

# November UHP EVENTS

## RAKE A DIFFERENCE



There are two dates to choose from:  
Friday, November 8 | 2:00 pm to dusk  
Saturday, November 9 | 10:00 am - 2:00 pm

For more information and to Sign-Up go to:  
[isu.edu/honors/rake](https://isu.edu/honors/rake)



## Benny's Food Bank Service Event


Date & Time To Be Determined

Plan for future UHP Events at  
[isu.edu/honors/current-students/honors-student-events/](https://isu.edu/honors/current-students/honors-student-events/)



## Share Your Favorite October Photos and Stories with Us on UHP Social Media

 @idahostatehonors

 @Idaho State University Honors

 @Idaho\_Honor

## The application deadline for Spring 2025 graduation is February 10, 2025

[https://www.isu.edu/comme  
ncement/graduates/](https://www.isu.edu/comme<br/>ncement/graduates/)

If you have any questions,  
email [graduation@isu.edu](mailto:graduation@isu.edu)





## 2024 General Election | Tuesday, November 5th

### Where to Vote on Tuesday?

If you live in your official residence and plan to vote tomorrow, make sure you know where to vote. Different precincts have different voting locations.

Go to [voteidaho.gov](https://voteidaho.gov) to find your polling place.

### Can I Register to Vote at My Polling Place on Tuesday?

YES, if you're registered in Idaho and live locally, you can [register to vote at the polling station](#) on Tuesday, November 5th and vote right after you register. Bring [photo ID](#), [proof of residence](#), and your [sample ballot](#)!

### When Will We Know Who Won?

It depends on the race and place.

Counting mail-in ballots, close races, and legal challenges could delay reporting results for days to weeks. Multiple scenarios are possible, from the local to national levels.

Counting mail-in ballots takes more time, especially if mail-in ballots can't be counted until election day. Some states allow ballots to be counted before election day, some don't.

Close races need more ballots counted before making a call. It's a relatively simple math problem: For example, if Candidate A is leading by 40,000 votes and there are only 15,000 votes left to count, Candidate A can be declared the winner. Even if Candidate B took all 15,000 votes, it's not enough for Candidate B to win.

There are multiple places to keep track of the election results. [AP News](#) has a website for all results with links to individual state results.

Idaho election results at [voteidaho.gov](https://voteidaho.gov) and [Bannock County](#) website.



# Feeling Election Anxiety?

Election day is tomorrow and for many Americans it is coming with a side order of anxiety. If you are feeling election day anxiety, you're in good company! A poll by the American Psychiatric Association from August of 2024 found that 77% of Americans, said "the future of the nation is a significant source of stress in their lives," which is a sentiment shared (within a 4% margin) equally between Republicans, Independents, and Democrats (NBC, Nov. 2, 2024). So how do we cope with all that worry?

First, experts recommend a simple exercise that people can do anywhere. Take a deep breath, then pick one of the five senses and focus on stimuli you are receiving from that sense while practicing mindful breathing. Second, limit your consumption of negative news, and third, take your civil discourse offline and engage face-to-face with the intent to listen to other perspectives - even when you don't agree (Forbes, Oct. 2024).

And last, though arguably the most important, embrace the truth - we are not as divided as we perceive. The [Voice of the People](#), a nonpartisan organization through the School of Public Policy at the University of Maryland identified [200+ policy issues](#), that across the political parties, a majority of the American people see eye-to-eye on.

No matter the outcome of the election, we can ease our own anxiety by choosing humanity over fear. Let's put our shared humanity above politics, value empathy and kindness first and foremost, and resolve to see ourselves in every person we interact with and engage with them accordingly.



Idaho State  
University

University  
Honors Program

[www.isu.edu/honors](http://www.isu.edu/honors)

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