

October 21, 2024

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Do You Know? | Now You Know!

Fall 2024 BAHM Sessions Start TODAY

A reminder that BAHM sessions start today. Here's the day/time of each session. If you haven't RSVP'd for BAHM there's still time. Contact Conner directly by email <u>connersuddick@isu.edu</u> and we'll add you quick!

BAHM #1: Monday, Oct 21 5-6pm BAHM #2: Tuesday, Oct 22 8-9am BAHM #3: Wednesday, Oct 23 noon-1pm

Spring 2025 Registration starts at 7am on Monday, November 4

Time to check in with DegreeWorks, your major advisor, and your honors advisor to plan your Spring semester course schedule. This is also a great time to check how many Honors credits you need and, if you contracted a course for Honors credits in this semster (F24), check that the contracted course is posted in your Honors Program Core.

View A List of All S25 Honors Courses

Have a UHP Question, but Don't Know Who to Ask?

Send an email to <u>honors@isu.edu</u> with any questions you have. Someone will get back to you qucikly! You can also request appointments by email, or in Navigate, or at <u>isu.edu/honors/contact-us</u>

Announcements & Opportunities

Planning to Graduate in Spring 2025?

Applications for Spring 2025 graduation are being accepted. All students apply for graduation in MyISU using the Graduation Planning card. Load the Graduation Planning card by using the Discover search for "Graduation."

All Spring graduates are strongly encouraged to submit their application for graduation as soon as possible. Applications that are received early give advisors and support staff time to communicate about any outstanding requirements.

If you have any questions, email graduation@isu.edu.

The application deadline for Spring 2025 graduation is February 10, 2025 https://www.isu.edu/commencement/graduates/

Volunteer for TEDx ISU

TED[×]ISU TEDx ISU will be on the ISU campus on November 2, 2pm - 7pm in the REND ABC Suites and are looking for up to 3 volunteers to help staff the room. Volunteers must arrive no later than 1:30pm. Training is available on November 1st.

For more information visit the TEDx ISU Instagram page - @tedxisu - or email Louella Yu at louellayu@isu.edu.

27th Annual Southeast Idaho Homeless Stand Down Event

This annual event is organized to provide much-needed resources to the homeless population, low-income families, and veterans, ensuring that everyone has access to vital services. More info about this event and the services provided.

Saturday, November 2 | 8:00 am to 11:00 am | Reed Gym

If you would like to volunteer to help set up for the event and clean up afterwards. Time slots are available the day before the event, Friday, November 1 from 3:00 until 8:00 pm, and the day of the event from 6:00 am until 2:00 pm.

https://www.signupgenius.com/go/10C084BA5AE22AAFAC34-51028853-2024

Rake-A-Difference Volunteer Opportunity

Rake-A-Difference is an annual community event that raises funds to support the **Pocatello** Free Clinic. Volunteers are needed to rake and transport leaves. This year's raking days will be Friday, Nov 1st and 8th (2:00pm to dusk) and Saturdays, Nov 2nd and 9th (10am - 2pm).

> More information and sign-up forms are at: isu.edu/honors/rake

MORE Announcements & Opportunities

ISU Conduct Hearing Board Student Representatives Needed

The Dean of Students Office is seeking student volunteers to sit on the Conduct Hearing Board. This volunteer board is made up of students, staff, and faculty from across campus with diverse backgrounds, majors, career paths, etc. There are a handful of conduct cases each semester that come through the Dean of Students Office that are unique, have a potential for removing the student(s) involved from the ISU community, and may have significant consequences to their student status. It can be very meaningful and educational for those going through a conduct hearing to have some fellow students be a part of the decision making process.



Student volunteers who participate on the board will get training, receive resume building experience, and get to engage as an ISU community member in a unique way. Some of the qualities we are looking for include:

- Critical thinkers- students who can sort through a plethora of information and glean essential information.
- Detail oriented- students who notice small details but also can see the bigger picture.
- Empathetic- Students who are kind and can look at multiple sides of a situation and see each side objectively.
- Strong communicators- students who are confident and articulate while also being appropriate and thoughtful in their interactions.
- Must be in good standing with ISU

If you have any questions, contact Associate Dean of Students, Felice B. Otero at feliceotero@isu.edu.

Conduct Board Student Representation Application

College of Business Faculty Research Reception

The College of Business welcomes all to a reception to highlight COB faculty research and recruit students for research opportunities! Refreshments will be served.

> Wednesday, November 6 | 4:00 to 6:00 pm Business Administration Building Lobby



1SU Physics' Haunted Science Laboratory Needs Volunteers

*Volunteers are needed to help set up the ISU Haunted Science Lab being held in Building B at the Bannock County Event Center.

Set up for the event will take place from October 2 through October 16, field trips are scheduled for October 17 - 25, the public day will be October 26, and take down sessions will be on October 27 through November 2.

For more information on volunteering and to sign up, contact Steve Shropshire at (208) 282-2212 or shrostev@isu.edu.





Stress, anxiety, depression and the pressures of day-to-day life affect us all. Sometimes those pressures can negatively affect our happiness, relationships with others, academic performance, and even our feelings and beliefs about ourselves.

Bengals RUOK? is an anonymous interactive screening program designed to help you assess your current state of mental health and well-being. Once completed, a campus counselor will review your Questionnaire and provide you with a personalized response on this website. The response will include information and resources for connecting to support.

This website and the services offered are intended ONLY for students at Idaho State University. Your participation is completely voluntary and anonymous.

Every ISU student has access to the ISU Counseling and Mental Health Center <u>www.isu.edu/counselingcenter/</u>

You Got Caught! (Being an Honors Bengal)

Do you know a Bengal (faculty, staff, or another student) who has gone above and beyond recently? Or just done something really nice or considerate for you or someone else? Let us know!

Send a shout out to someone who you feel deserves some recognition by providing the following information to <u>honors@isu.edu</u>

- Name of the person (if you know it).
- A couple of sentences about what they did.



Haunted Halls of Graveley

Support the Student Anthropology Society and feel the rush of a jump scare! Snacks will be available for purchase. Proceeds support the SAS.





Navigating the Unknown

Saturday, Nov 2 2pm - 7pm REND ABC Suites

ISU students and faculty will be presenting. Check out the TEDxISU instagram page for more details about speakers.

Halloween Movie Survey

Vote for your movie choice for the UHPC Halloween Movie Night!

Oct 30 | 7pm | REND 203

Fill out <u>this form</u> to vote.







University Honors Program

www.isu.edu/honors

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