



**Idaho State
University**

KASISKA DIVISION OF HEALTH SCIENCES

14TH ANNUAL GINNY THOMAS GERIATRIC SYMPOSIUM

“Building Age-Friendly Communities”

Wednesday, October 9, 2024 | 12:30 – 5:00 pm

Location:

Pond Student Union Building (SUB) Ballroom with overflow to the Little Wood River Room, Pocatello

The 14th Annual Ginny Thomas Geriatric Symposium, hosted by the Kasiska Division of Health Sciences at Idaho State University, will focus on the theme of Building Age-Friendly Communities; and explore the 4Ms of Age-Friendly Care: What **M**atters, **M**edications, **M**ind and **M**obility.

This event aims to bring together older adults from the community, health care professionals, students, and experts in the field to discuss what is most important to individuals that you want the health care team to know and what you view as essential to the quality of health and well-being.

Note: The schedule and content are subject to change.

Attendees are encouraged to refer to official event communications for any updates.

AGENDA

- 12:30 -1:00 PM Registration and Check-in
- 1:00- 1:10 PM Welcome and Introduction of Keynote Speaker
- Christopher Owens, PharmD, MPH; Associate Vice President for Health Sciences, Idaho State University
- 1:10 - 1:30 PM Keynote Presentation
- Title: “Building Age-Friendly Communities”
- Joanne Trammel, MS, OTR/L, Clinical Senior Instructor, Idaho State University
- 1:30 – 1:45 PM Break ---Refreshments, visit the community resource exhibits
- 1:45 –2:45 PM Panel Discussion: The **4Ms** of Age-Friendly Care
- Moderator: Cindy Bunde, Clinical Assistant Professor, Physician Assistant Program, Idaho State University
- Panelists:
- **What Matters** - Melody Weaver, PhD, APRN, FNP-BC, Clinical Assistant Professor, Idaho State University
 - **Mobility** – Michael Foley - PT, PhD; Assistant Professor, Department of Physical Therapy and Athletic Training, Idaho State University
 - **Medications** - John Holmes, PharmD, MPH, BCPS, Assistant Professor, Idaho State University
 - **Mentation** – Leah Fortson, MD, Rural Psychiatry Resident, University of Utah
- 2:45 -3:00 PM Break –prepare for Roundtable Discussions
- 3:00 - 4:30 PM Interprofessional Case Study and Roundtable Discussions
- Engaging case study discussion, providing an interactive platform for participants to collaborate and share insights.
- 4:30 PM – 5 PM Wrap-up and Concluding Remarks (Dr. Owens)
- The event concludes, followed by dinner provided for community seniors, panelists, and faculty facilitators. Students will have dinner on their own.

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