



Idaho State
University

KASISKA DIVISION OF HEALTH SCIENCES

14TH ANNUAL GINNY THOMAS GERIATRIC SYMPOSIUM

“Building Age-Friendly Communities”

Wednesday, October 16, 2024 | 12:30 – 5:00 pm

Location:

Meridian Health Sciences Center Rooms: MD 735 & MD 742

Join Zoom Meeting

<https://isu.zoom.us/j/2083731844?pwd=pJIJF2g2yr5HEzD2xEaqQmzaj2awRO.1>

Meeting ID: 208 373 1844

Passcode: 4750

The 14th Annual Ginny Thomas Geriatric Symposium, hosted by the Kasiska Division of Health Sciences at Idaho State University, will focus on the theme of Building Age-Friendly Communities; and explore the 4Ms of Age-Friendly Care: What **M**atters, **M**edications, **M**ind and **M**obility.

This event aims to bring together older adults from the community, health care professionals, students, and experts in the field to discuss what is most important to individuals that you want the health care team to know and what you view as essential to the quality of health and well-being.

Note: The schedule and content are subject to change.

Attendees are encouraged to refer to official event communications for any updates.

AGENDA

- 12:30 -1:00 PM Registration and Check-in
- 1:00- 1:10 PM Welcome and Introduction of Keynote Speaker
- Christopher Owens, PharmD, MPH; Associate Vice President for Health Sciences, Idaho State University
- 1:10 - 1:30 PM Keynote Presentation
- Title: "Building Age-Friendly Communities"
- Joanne Trammel, MS, OTR/L, Clinical Senior Instructor, Idaho State University
- 1:30 – 1:45 PM Break --Refreshments, visit the community resource exhibits
- 1:45 –2:45 PM Panel Discussion: The **4Ms** of Age-Friendly Care
- Moderator: Gabe Bargen, PhD, CCC-A/SLP, Associate Professor and Dean of the College of Health, Idaho State University
- Panelists:
- **What Matters** - Melody Weaver, PhD, APRN, FNP-BC, Clinical Assistant Professor, Idaho State University
 - **Mobility** – Adam Squires, PT, DPT, Cert SMT, Cert DN, Clinical Assistant Professor, Department of Physical Therapy and Athletic Training, Idaho State University - Meridian
 - **Medications** - John Holmes, PharmD, MPH, BCPS, Assistant Professor, Idaho State University
 - **Mentation** – G. Lucy Wilkening, PharmD, Clinical Associate Professor, Idaho State University
- 2:45 -3:00 PM Break –prepare for Roundtable Discussions
- 3:00 - 4:30 PM Interprofessional Case Study and Roundtable Discussions
- Engaging case study discussion, providing an interactive platform for participants to collaborate and share insights.
- 4:30 PM – 5 PM Wrap-up and Concluding Remarks (Dr. Owens)
- The event concludes, followed by dinner provided for community seniors, panelists, and faculty facilitators. Students will have dinner on their own.

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