

**MAJOR IN CLINICAL MENTAL HEALTH COUNSELING  
LEADING TO THE DEGREE  
MASTER OF COUNSELING (M.COUN.)**

The master's degree major in Clinical Mental Health Counseling is designed to prepare counselors to provide individual, group, family, and marriage counseling in various settings. This major emphasizes wellness, development, and advocacy related to clients and the community. Some of the settings where students have served practicum and internships are: mental health centers, state hospitals and training schools, rehabilitation counseling offices, juvenile homes and youth ranches, private practices, and alcohol and substance abuse centers.

A. **General Residency Requirement.** For the Master of Counseling (M.Coun.) degree, the student is required to complete the equivalent of at least four full semesters of resident graduate study beyond the bachelor's degree. The minimum Clinical Mental Health Counseling program must total 60 semester hours.

B. **Specific Major Requirements**

COUN 6690	Foundations of Clinical Mental Health Counseling	3 cr.
COUN 6691	Professional Issues in Clinical Mental Health Counseling	3 cr.
COUN 6697	Practicum in Counseling (mental health setting)	2 cr.
COUN 6697L	Practicum in Counseling Lab	0 cr.
COUN 6698	Internship in Counseling	18 cr.
COUN 6698L	Internship in Counseling Lab	0 cr.

C. **General Degree Requirements**

COUN 6611	Applied Statistics and Research	2 cr.
COUN 6612	Psychological Testing for Counselors	2 cr.
COUN 6614	Human Growth and Development	1 cr.
COUN 6621	Professional Orientation and Ethics	2 cr.
COUN 6623	Lifestyle and Career Development	2 cr.
COUN 6624	Cultural Counseling	3 cr.
COUN 6625	Crisis Intervention and Trauma	2 cr.
COUN 6627	Conceptualizing Counseling Theory	2 cr.
COUN 6628	Applications of Counseling Theory	2 cr.
COUN 6630	Addictions Counseling	2 cr.
COUN 6660	Theories of Family and Couple Counseling	3 cr.
COUN 6676	Small Group Activity	1 cr.
COUN 6677	Group Counseling Techniques	3 cr.
COUN 6694	Psychodiagnosis and Psychotropic Drugs	2 cr.
COUN 6696	Prepracticum Counseling Techniques	3 cr.
COUNSELING ELECTIVES		<u>2 cr.</u>

**Total Credits 60 cr.**

DEPARTMENT OF COUNSELING  
Idaho State University  
Pocatello, Idaho 83209-8120

**MAJOR IN CLINICAL MENTAL HEALTH COUNSELING**

Program Planning Sheet  
Sample Distribution of M.Coun. Required Courses

**FIRST YEAR**

Fall Semester

COUN 6621	Professional Orientation and Ethics	2 cr.
COUN 6624	Cultural Counseling	3 cr.
COUN 6627	Conceptualizing Counseling Theory	2 cr.
COUN 6676	Small Group Activity	1 cr.
COUN 6690	Foundations of Clinical Mental Health Counseling	3 cr.
COUN 6696	Prepracticum Counseling Techniques	3 cr.

Spring Semester

COUN 6623	Lifestyle and Career Development	2 cr.
COUN 6625	Crisis Intervention and Trauma	2 cr.
COUN 6628	Applications of Counseling Theory	2 cr.
COUN 6660	Theories of Family and Couple Counseling	3 cr.
COUN 6691	Professional Issues in Clinical Mental Health Counseling	3 cr.
COUN 6697	Practicum in Counseling	2 cr.
COUN 6697L	Practicum in Counseling Lab	0 cr.
COUNSELING ELECTIVE		1-2 cr.

Summer Session

COUN 6698	Internship in Counseling	1-2 cr.
COUN 6698L	Internship in Counseling Lab	0 cr.
COUNSELING ELECTIVE		1-2 cr.

**SECOND YEAR**

Fall Semester

COUN 6612	Psychological Testing for Counselors	2 cr.
COUN 6614	Human Growth and Development (Last 5 weeks of semester)	1 cr.
COUN 6677	Group Counseling Techniques	3 cr.
COUN 6694	Psychodiagnosis and Psychotropic Drugs (First 10 weeks semester)	2 cr.
COUN 6698	Internship in Counseling	7 cr.
COUN 6698L	Internship in Counseling Lab	0 cr.
COUNSELING ELECTIVE		1-2 cr.

Spring Semester

COUN 6611	Applied Statistics and Research	2 cr.
COUN 6630	Addictions Counseling	2 cr.
COUN 6698	Internship in Counseling	9 cr.
COUN 6698L	Internship in Counseling Lab	0 cr.
COUNSELING ELECTIVE		<u>1-2 cr.</u>

**Total Credits      60 cr.**