

The Master of Counseling specialty practice area in Clinical Mental Health Counseling is a generalist practice area designed to prepare counselors to provide counseling services to a diverse range of clients in various settings. This counseling specialty practice area emphasizes wellness, development, and advocacy related to clients and the community. Some of the settings where students have served practicum and internships include mental health centers, group and private practices, and alcohol and substance abuse centers. During their internship, students are strongly encouraged to work with individuals, groups, couples, and families.

## A. General Residency Requirement

For the Master of Counseling (M.COUN.) specialty practice area, the student is required to complete the equivalent of at least four full semesters of resident graduate study beyond the bachelor's degree. The minimum Clinical Mental Health Counseling program must total 60 semester hours.

## B. Specific Counseling Specialty Practice Area Requirements

COUN 6690 Foundations of Clinical Mental Health Counseling: 3 credits  
COUN 6691 Professional Issues in Clinical Mental Health Counseling: 3 credits  
COUN 6697 Practicum in Counseling: 2 credits  
COUN 6697L Practicum in Counseling Lab: 0 credits  
COUN 6698 Internship in Counseling: 18 credits\*  
COUN 6698L Internship in Counseling Lab: 0 credits

## C. General Degree Requirements

COUN 6611 Applied Statistics and Research: 2 credits  
COUN 6612 Assessment and Diagnosis in Counseling: 3 credits  
COUN 6614 Life Span Development: 2 credits  
COUN 6621 Professional Orientation and Ethics: 2 credits  
COUN 6623 Lifestyle and Career Development: 2 credits  
COUN 6624 Cultural Counseling: 3 credits  
COUN 6625 Crisis Intervention and Trauma: 3 credits  
COUN 6627 Conceptualizing Counseling Theory: 3 credits  
COUN 6630 Addictions Counseling: 2 credits  
COUN 6660 Theories of Family and Couple Counseling: 3 credits  
COUN 6676 Small Group Activity: 1 credit  
COUN 6677 Group Counseling Techniques: 3 credits  
COUN 6696 Pre-practicum Counseling Techniques: 3 credits  
COUNSELING ELECTIVES 2 credits  
Total Credits-60 credits

Note: \*Indicates a semester in which taking an elective is possible, but not required. Only 2 elective credits are needed for this specialty practice area.

\*Must total 18 credits across all semesters

## FIRST YEAR

### Fall Semester

- COUN 6621 Professional Orientation and Ethics: 2 credits
- COUN 6624 Cultural Counseling: 3 credits
- COUN 6627 Theories of Counseling: 3 credits
- COUN 6676 Small Group Activity: 1 credit
- COUN 6690 Foundations of Clinical Mental Health Counseling: 3 credits
- COUN 6696 Prepracticum Counseling Techniques: 3 credits

### Spring Semester

- COUN 6623 Lifestyle and Career Development: 2 credits
- COUN 6625 Crisis Intervention and Trauma: 3 credits
- COUN 6660 Theories of Family and Couple Counseling: 3 credits
- COUN 6691 Professional Issues in Clinical Mental Health Counseling: 3 credits
- COUN 6697 Practicum in Counseling: 2 credits
- COUN 6697L Practicum in Counseling Lab: 0 credits
- Counseling Elective: 1-2 credits\*

### Summer Session

- COUN 6698 Internship in Counseling: 1-2 credits
- COUN 6698L Internship in Counseling Lab: 0 credits
- Counseling Elective: 1-2 credits\*

## SECOND YEAR

### Fall Semester

- COUN 6612 Assessment and Diagnosis in Counseling: 3 credits
- COUN 6614 Lifespan Development: 2 credits
- COUN 6677 Group Counseling Techniques: 3 credits
- COUN 6698 Internship in Counseling: 1-9 credits
- COUN 6698L Internship in Counseling Lab: 0 credits
- Counseling Elective: 1-2 credits\*

### Spring Semester

- COUN 6611 Applied Statistics and Research: 2 credits
- COUN 6630 Addictions Counseling: 2 credits
- COUN 6698 Internship in Counseling: 1-9 credits
- COUN 6698L Internship in Counseling Lab: 0 credits
- Counseling Elective: 1-2 credits\*

Total Credits: 60 credits