Department of Human Performance and Sport Studies
Outdoor Education EMPHASIS
2020-2021 Program of Study

NAME: ___________________________________________ BENGAL# ______________________

50 credits, including Physical Education Core
Physical Education Core Component (included in PR Core): 9 credits

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Offered</th>
<th>Credits</th>
<th>Date</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>HPSS 2222</td>
<td>*First Aid, CPR and Sport Safety</td>
<td>F, S, Su</td>
<td>3</td>
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<tr>
<td>HPSS 2223</td>
<td>Foundations of Physical Education &amp; Sport</td>
<td>F, S, Su</td>
<td>3</td>
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<tr>
<td>HPSS 4454</td>
<td>Senior Capstone - PREREQ</td>
<td>F, S</td>
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</table>

*First Aid (HPSS 2222) core requirements are satisfied by HPSS 2285, Wilderness First Aid, or HPSS 4441, Wilderness First responder, included below.

**Total 9**

Leadership and Teaching Component (10 credits)

<table>
<thead>
<tr>
<th>Course</th>
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<th>Credits</th>
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<th>Grade</th>
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<tr>
<td>HPSS 3386</td>
<td>Outdoor Leadership</td>
<td>S</td>
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<tr>
<td>HPSS 4440</td>
<td>Survey of Outdoor Education Literature</td>
<td>F</td>
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<tr>
<td>HPSS 4445</td>
<td>Methods of Teaching Outdoor Activities and Practicum. PREREQ</td>
<td>S</td>
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**Total 10**

Outdoor Education Safety Component (8 credits)
Any of the following may be selected, but Outdoor Risk Management and Liability, Leave No Trace Trainer, and first aid certification (Wilderness First Aid, Wilderness First Responder or Emergency Medical Technician) are required.

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Offered</th>
<th>Credits</th>
<th>Date</th>
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<tr>
<td>HPSS 2271</td>
<td>Winter Survival Skills</td>
<td>S</td>
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<td>HPSS 2272</td>
<td>Wilderness Survival Skills</td>
<td>F</td>
<td>1</td>
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<tr>
<td>HPSS 2282</td>
<td>Map Compass and Backcountry Navigation</td>
<td>F</td>
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<td>HPSS 2283</td>
<td>Leave No Trace Trainer</td>
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<tr>
<td>HPSS 2285</td>
<td>Wilderness First Aid</td>
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<td>HPSS 2286</td>
<td>Avalanche and Winter Sports Safety</td>
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<td>HPSS 3381</td>
<td>River Safety and Swiftwater Rescue</td>
<td>Su</td>
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<tr>
<td>HPSS 3383</td>
<td>Advanced Rock Climbing and Climbing Safety. PREREQ</td>
<td>S</td>
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<td>HPSS 3384</td>
<td>Outdoor Risk Management and Liability</td>
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<tr>
<td>HPSS 4441</td>
<td>Wilderness First Responder Certification</td>
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Candidates who at the time of graduation possess a current certificate in Emergency Medical Technician (EMT) or Wilderness First Responder may apply three (3) credits to this component.

**Total 8**
A) **Natural History OR B) Business Component** - Students may select either one or the other of the following two options:

### Option A: Natural History Component (minimum of 9 credits)
*(Courses in this Option are waived for majors and minors in geology, biology, botany, zoology, or ecology.)*

<table>
<thead>
<tr>
<th>Course</th>
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<th>Credits</th>
<th>Date</th>
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<tbody>
<tr>
<td>BIOL 1101 &amp; 1101L</td>
<td>Biology I and Biology I Lab. PREREQ</td>
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<tr>
<td>BIOL 1102 &amp; 1102L</td>
<td>Biology II and Biology II Lab. PREREQ</td>
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<tr>
<td>BIOL 2209 &amp; 2209L</td>
<td>General Ecology and General Ecology Lab. PREREQ</td>
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<td>BIOL 2213</td>
<td>Fall Flora</td>
<td>F</td>
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<td>BIOL 2214</td>
<td>Spring Flora</td>
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<td>BIOL 3337</td>
<td>Conservation Biology. PREREQ</td>
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<td>BIOL 4426 &amp; 4426L</td>
<td>Herpetology and Herpetology Lab. PREREQ</td>
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<td>BIOL 4427 &amp; 4427L</td>
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<td>BIOL 4438</td>
<td>Ornithology. PREREQ</td>
<td>S</td>
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<td>BIOL 4441 &amp; 4441L</td>
<td>Mammalogy and Mammalogy Lab. PREREQ</td>
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<td>BIOL 4489</td>
<td>Field Ecology. PREREQ</td>
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<td>GEOL 1100</td>
<td>The Dynamic Earth</td>
<td>F, S, ASu</td>
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<td>GEOL 1100L</td>
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<td>Geology of Idaho. PREREQ</td>
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<td>Seminar. PREREQ</td>
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<tr>
<td>PHYS 1152</td>
<td>Descriptive Astronomy</td>
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<td>Descriptive Astronomy Lab</td>
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### Option B: Outdoor Business Component (9 credits)
*(Courses in this Option are waived for related majors and minors.)*

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<tr>
<td>BA 1110</td>
<td>The World of Business</td>
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<td>MKTG 2225</td>
<td>Basic Marketing Management</td>
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<tr>
<td>ACCT 3303</td>
<td>Accounting Concepts</td>
<td>DS</td>
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## Experiential Skills Component (minimum of 8 credits)
Courses selected must be different from those used to fulfill the requirements of the Outdoor Education Safety Component.

<table>
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<tbody>
<tr>
<td>PEAC 1101</td>
<td>Adaptive Snowsking</td>
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<tr>
<td>PEAC 1108</td>
<td>Instructor Training of Adaptive Snowskiing</td>
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<td>PEAC 1163</td>
<td>Backpacking</td>
<td>F, S</td>
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<td>PEAC 1165</td>
<td>Backcountry GPS Navigation</td>
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<tr>
<td>EAC 1166</td>
<td>Canoeing</td>
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<td>PEAC 1167</td>
<td>Kayak Touring</td>
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<td>Beginning Kayaking</td>
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<tr>
<td>PEAC 1176A</td>
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<td>PEAC 1177A</td>
<td>Beginning Cross-Country Skiing</td>
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<td>PEAC1178A</td>
<td>Beginning Telemark Cross-Country Skiing</td>
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<td>PEAC 1178B</td>
<td>Intermediate Telemark Cross-Country Skiing</td>
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<td>PEAC 1181</td>
<td>Mountain Biking</td>
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<td>PEAC 1194</td>
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<td>Team Building Leadership</td>
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<td>HPSS 2271</td>
<td>Winter Survival Skills</td>
<td>S</td>
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<td>HPSS 2272</td>
<td>Wilderness Survival Skills</td>
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<td>Winter Camping and Backcountry Navigation. PREREQ</td>
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<td>Practical Outdoor Skills</td>
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<td>Map Compass and Background Navigation</td>
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<td>Intermediate Kayaking and Whitewater Safety. PREREQ</td>
<td>F,S</td>
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<td>Avalanche and Winter Sport Safety</td>
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<td>Snowboard Instructor Training</td>
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<td>River Safety and Swiftwater Rescue</td>
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<td>HPSS 3383</td>
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<tr>
<td>HPSS 4491</td>
<td>Physical Education Workshop¹</td>
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</table>

Total: 8

¹ When workshop relates to outdoor education, i.e., Canoe Workshop (1 credit), Whitewater Rafting Workshop (1 credit), Backpacking Workshop (1 credit), Advanced Kayaking-Summer Field Experience (1 credit), Beginning Rock Climbing-Summer Field Experience (1 credit), Advanced Rock Climbing-Summer Field Experience (1 credit).
Department of Human Performance and Sport Studies
Outdoor Education EMPHASIS
2020-2021 Program of Study

Electives (minimum of 6 credits)
Courses may include those listed in the Natural History Component, and/or Business Component, and/or the following: (Other courses may be approved by the advisor.)

<table>
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<tr>
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<tr>
<td>CMP 2201</td>
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<td>CMP 2202</td>
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<td>CMP 2251</td>
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<td>Groups and Communication</td>
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<td>ENGL 2206</td>
<td>Creative Writing Workshop</td>
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<td>MGT 3312</td>
<td>Individual and Organizational Behavior. PREREQ</td>
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<td>Environmental Politics and Policy. PREREQ</td>
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<td>POLS 4457</td>
<td>Grant writing</td>
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</table>

**Total 6**

PREREQ-INDICATES THIS COURSE HAS A PREREQUISITE COURSE, SEE ISU ONLINE CATALOG FOR MOST CURRENT DETAILS

GRADUATION REQUIREMENTS:
In order to graduate from the Human Performance and Sport Studies Program as a major, in addition to the course requirements listed, the following must be successfully completed:
- Minimum grade of "C" (2.0) in professional courses.
- Minimum cumulative GPA of 2.7.
- Minimum GPA of 3.00 in the major.
- Completion of student portfolio.
- Exit Interview with advisor

*****STUDENTS MUST PRESENT EVIDENCE OF CURRENT FIRST AID/CPR CERTIFICATION TO THEIR ADVISOR AT THE TIME OF GRADUATION:

Certification/Expiration Date: Certification Agency: