

**JOSHUA K. SWIFT, Ph.D.**  
**Curriculum Vitae**

Contact information:

Office Address: Psychology Department, Idaho State University  
921 S 8<sup>th</sup> Ave, Stop 8112  
Pocatello, ID 83209  
Office Phone: 208-282-2462  
Email: [joshua.keith.swift@gmail.com](mailto:joshua.keith.swift@gmail.com)  
Webpages: [www.psychotherapyresearchlab.com](http://www.psychotherapyresearchlab.com)

**PROFESSIONAL POSITIONS**

---

**Idaho State University, Dept. of Psychology** (Pocatello, ID) 2015 – Current  
Associate Professor (2018 – current)  
Assistant Professor (2015 – 2018)

**University of Alaska Anchorage, Dept. of Psychology** (Anchorage, AK) 2010 – 2015  
Associate Professor (2014 – 2015)  
Assistant Professor (2010 – 2014)

**EDUCATION**

---

**Oklahoma State University** (Stillwater, OK) 2005 – 2010  
Doctor of Philosophy – Clinical Psychology with Quantitative Specialization  
Dissertation: Client Preferences and the Specific versus Common Factors Debate  
Master of Science – Clinical Psychology (2007)  
Thesis: Expectations of the Duration and Effectiveness of Psychotherapy: A Delay Discounting Perspective

**SUNY Upstate Medical University** (Syracuse, NY) 2009 – 2010  
APA Approved Clinical Psychology Pre-doctoral Internship Program

**Brigham Young University** (Provo, UT) 1998 – 2005  
Bachelor of Science – Psychology Major, Logic Minor

**AWARDS & RECOGNITIONS**

---

Outstanding Researcher Award, Idaho State University April, 2018  
Nominated Excellence in Education Award, ISU LDS Student Association April, 2018

20 Under 40 Award, Idaho State Journal	March, 2018
Most Valuable Paper Award, APA journal Psychotherapy	February, 2018
Nominated Excellence in Education Award, ISU LDS Student Association	April, 2017
Early Career Award, American Psychological Foundation/APA Div. 29	August, 2016
Enrico E. Jones Research Award, Western Psychological Association	April, 2016
National Register Credentialing Scholarship	May, 2015
Chancellor's Award for Excellence in Research, UAA	April, 2014
Chancellor's Award for Excellence in Teaching, UAA	September, 2013
Distinguished Publication of Psychotherapy Research Award, APA Div. 29	August, 2012
Excellence in Research Award, College of Arts & Sciences, UAA	April 2012
Relevant Research Speaker, College of Arts & Sciences, UAA	April 2011
Student Poster Award, Division 12, APA Annual Convention	August, 2009
Student Travel Award, APA, APA Annual Convention	August, 2009
Outstanding Graduate Student Award, OSU Department of Psychology	May, 2009
Graduate Research and Scholarship Award, OSU Department of Psychology	May, 2009
Conference Presentation Award, OSU Psychology Graduate Student Association	April, 2009
Student Poster Award, OPA, OPA Annual Convention	November, 2008
Donald K. Freedheim Student Development Award, APA Div. 29	August, 2008
Student Paper Award, OSU Graduate College, OSU Research Symposium	February, 2008
OSU Research Excellence Award, OSU Graduate College	April, 2007
Admissions Incentive Scholarship, OSU Graduate College	August, 2005
Conference Presentation Award, BYU Psychology Research Conference	March, 2004

## TEACHING EXPERIENCE

---

### Idaho State University

#### *Graduate Level Courses*

- Instructor – Ethics and Professional Issues: PSY 5512, stacked with PSY 4412
- Instructor – Adult Psychopathology and Treatment II: PSY 6646
- Instructor – Advanced Ethics and Professional Issues: PSY 7703
- Supervisor/Instructor – Clinical Practicum: PSY 7725, stacked with PSY 4425
- Instructor – Clinical Pro-seminar: Meta-Analysis: PSY 7736
- Instructor – Clinical Pro-seminar: Supervision: PSY 7736

#### *Undergraduate Level Courses*

- Instructor – Abnormal Psychology: PSY 3301
- Instructor – Ethics and Professional Issues: PSY 4412, stacked with PSY 5512
- Supervisor/Instructor – Clinical Practicum: PSY 4425, stacked with PSY 7725
- Instructor – Clinical Psychology: PSY 4451
- Instructor – Mindfulness and Self-care: PSY 4467

### University of Alaska Anchorage

#### *Graduate Level Courses*

- Instructor – Research Methods: PSY 609 for M.S students, PSY 639 for PhD students
- Instructor – Intervention 1, Basic Psychotherapy Skills: PSY 623
- Instructor – Community-Based Intervention Skills: PSY 627

Supervisor/Instructor – Clinical Practicum: PSY652  
Instructor – Quantitative Analysis: PSY 657  
Instructor – Multivariate Methods: PSY 659  
Supervisor/Instructor – Outlying Clinical Internship: PSY 670  
Instructor – History and Systems of Psychology: PSY 690  
Supervisor/Instructor – Independent Study in Clinical Supervision: PSY 697

### **SUNY Upstate Medical University**

#### *Graduate Level Courses*

Clinical Supervisor – medical student psychiatry clerkship  
Guest Instructor – medical student Behavioral Health Seminar, Psychological Testing

### **Oklahoma State University**

#### *Graduate Level Courses*

Graduate Assistant – Cognitive Assessment: Psych 5153  
Guest Instructor – Systems of Psychotherapy: Psych 5333

#### *Undergraduate Level Courses*

Instructor – Introductory Psychology: Psych 1113  
Instructor – Issues in Clinical Psychology: Psych 4183  
Graduate Assistant – Quantitative Methods: Psych 3214

## **THESIS AND DISSERTATION SERVICE**

---

### **CHAired PROJECTS**

#### **Completed**

##### **Dissertation Projects**

Zold, A. (2018). *An Experimental Test of Attitudes of Faculty Members in APA-Accredited Doctoral Programs in Professional Psychology toward Potential students with a Depression or Psychotherapy Use History*. University of Alaska Anchorage  
Wahto, R. (2017). *Therapist Expectations and Preferences for Psychotherapy*. University of Alaska Anchorage  
Ivanovic, M. (2016). *The Impact of Clinician & Client Joint Mindfulness Practice on Session Presence and Effectiveness*. University of Alaska Anchorage

##### **Thesis Projects**

Park, J. (2017). *Increasing Treatment Seeking Behavior using Regulatory Focus Theory*. Idaho State University  
Goode, J. (2017). *Identifying Stigma for Mental Health Problems and Help-seeking Behaviors in Veterans*. Idaho State University  
Tompkins, K. (2016). *Client Preferences for an Ideal Therapist: Personality Comparisons between Clients' Actual and Ideal Therapists, Other Relations, and the Therapeutic Alliance*. University of Alaska Anchorage, PhD Program

- Brecht, K. (2016). *The Effectiveness of the APA Psychotherapy Works Videos in Reducing Stigma and Improving Attitudes toward Psychotherapy*. University of Alaska Anchorage, PhD Program
- Zold, A. (2015). *The Effects of Therapist Self-Disclosure of Personal Therapy and Pathology on Perceptions of Therapist Credibility*. University of Alaska Anchorage, PhD Program
- Wahto, R. (2015). *Improving Attitudes toward Mental Health Service Use in Student-Athletes*. University of Alaska Anchorage, PhD Program
- Tompkins, K. (2013). *Beliefs about the reasons for depression and treatment preference: Moving past the medication versus therapy comparison*. University of Alaska Anchorage, MS Program
- Wahto, R. (2012). *The effects of treatment, provider, and location labels on male attitudes and intentions to seek professional psychological help*. University of Alaska Anchorage, MS Program
- Murrell, B. (2012). *Predicting attitudes and intentions toward seeking professional psychological help in Alaska Natives*. University of Alaska Anchorage, MS Program

## **In Progress**

### **Dissertation Projects**

- Tompkins, K. (In Progress). *The Validity of MTurk as a Recruitment Resource for Psychotherapy Research*. University of Alaska Anchorage
- Spencer, J. (In Progress). *Religious Clients' Perceptions of Therapist Self-disclosure of Spirituality and Religion in Psychotherapy*. Idaho State University
- Goode, J. (In Progress). *Addressing stigma for professional psychological help-seeking in veterans*. Idaho State University

### **Thesis Projects**

- Trusty, W. (In Progress). *Addressing Stigma and Attitudes toward Psychotherapy in Health-Care Providers*. Idaho State University
- Penix, E. (In Progress). *Changes in the Therapeutic Alliance over Time: A Prediction of Treatment Outcomes and Dropout*. Idaho State University

## **COMMITTEE MEMBER SERVICE**

### **Idaho State University**

- Michelle Lemay (In Progress) - dissertation
- Douglas Cruthirds (In Progress) – thesis
- Heidi Higgins (In Progress) – dissertation
- Stephanie Kaplan (2018) – dissertation
- Samantha Tupy (2018) – dissertation
- Jabeene Bhimji (2018) – dissertation
- Alyssa Korell (2018) – thesis
- Matthew Schumann (2017) – dissertation
- Chris DeCou (2016) – dissertation

Trevor Cole (2016) – dissertation  
 Maxwell Maholy (2016) – dissertation  
 Rachel Cover (2016) – dissertation  
 Vo Duyen (2016) – dissertation  
 Rachel Dyson (2016) - dissertation

### **University of Alaska Anchorage**

Jaime Spatrisano (In Progress) – dissertation  
 John Herman (2018) – dissertation  
 Keri Boyd (2017) – dissertation  
 Corene Alvarado (2016) – dissertation  
 Annie Derthick (2016) – dissertation  
 Dinghy Sharma (2015) – dissertation  
 Karin Sandberg (2014) – dissertation  
 Daniel Curns (2014) – dissertation

### **Other Universities**

Elizabeth Davis (2016) – University of North Texas, Thesis

## **AWARDS & RECOGNITIONS TO MENTORED STUDENTS**

---

(Jonathan Goode) Kenneth I. Howard Research Award, SPR	October, 2018
(Megan Byars) Outstanding Undergraduate Student, ISU Psychology Dept.	April, 2018
(Megan Olsen) Outstanding Undergraduate Student, ISU Psychology Dept.	April, 2018
(Jonathan Goode) 3 Minute Thesis Competition, 1 <sup>st</sup> Place, ISU Graduate School	March, 2018
(Amanda Elkins) Donald K. Freedheim Student Award, APA Div. 29	August, 2016
(Kelley Tompkins & Kierra Brecht) Paper Presentation Award, 1 <sup>st</sup> Place, BSCN	April, 2014

## **CLINICAL EXPERIENCE**

---

**State of Idaho, Licensed Psychologist (no: 202868)** 2015 – current

**State of Alaska, Licensed Psychologist (no: 659)** 2010 – 2016

*Licensed Psychologist (2013-2016, license no: 659)*

*Temporary License (2010-2012, temporary license no: 74)*

**SUNY Upstate Medical University** 2009 – 2010

*Department of Psychiatry & Behavioral Sciences (Syracuse, NY)*

Clinical psychology pre-doctoral intern – primary rotation in the adult outpatient clinic, minor rotations on the hospital's inpatient unit, the hospital's rehabilitation unit, in the child outpatient clinic, assessment, and clinical research

Primary Supervisor: Roger Greenberg, PhD

**Oklahoma State University**

<i>Psychological Services Center</i> (Stillwater, OK)	2005 – 2009
Graduate student psychological associate	
Supervisors: LaRicka Wingate, PhD, Jennifer Callahan, PhD, ABPP, Frank Collins, PhD, & Cynthia Hartung, PhD	
<i>Center for Health Sciences</i> (Tulsa, OK)	2008 – 2009
Graduate student practicum intern	
Supervisors: Teri Bourdeau, PhD & Vivian Stevens, PhD	
<i>Alcohol and Substance Abuse Center</i> (Stillwater, OK)	2007 - 2008
Graduate student practicum intern	
Supervisor: Linda Myers, MS, LDAC	

## SERVICE CONTRIBUTIONS

---

### Editorial Boards

Journal of Psychotherapy Integration (Associate Editor)	2016 – current
Psychotherapy (Consulting Editor)	2012 – current
Psychotherapy Research (Consulting Editor)	2016 – current
Practice Innovations (Consulting Editor)	2017 – current
Training and Education in Professional Psychology (Consulting Editor)	2017 – current

### Ad Hoc Reviewer

*Asia Pacific Education Review; Assessment; Behavior Therapy; BMC Medical Research Methodology; British Journal of Guidance and Counseling; Counselling and Psychotherapy Research; Family, Systems, and Health; International Journal of Cognitive Therapy; Journal of Clinical Psychology; Journal of Consulting and Clinical Psychology; Journal of Counseling Psychology; Journal of Mental Health; Professional Psychology: Research and Practice; Psychiatry Research; Psychological Services; Psychotherapy; Psychological Assessment; Psychotherapy Research; The Clinical Supervisor; Training and Education in Professional Psychology*

### Book Reviewer

American Psychological Association – *Lies and Secrets in Psychotherapy* (Jan, 2018)  
 American Psychiatric Publishing, Inc – *The Art and Science of Brief Psychotherapies, 2<sup>nd</sup> Edition* (May, 2017)  
 American Psychological Association – *Writing your Psychology Research Paper* (April, 2017)

### Societies & Professional Associations

Executive Officer, NASPR	June 2018 – current
Chair, Publications & Communications Committee, SEPI	January 2018 – current
Chair, Psychotherapy Research Committee, Division 29	January 2015 – current
Training and Education Domain, Committee member, Division 29	Dec. 2011 – current
Early Career Domain, Committee member, Division 29	January 2011 – current
Research Committee, Committee member, SEPI	January 2017 – current
Scientific Planning Committee, NASPR Snowbird Conference	April 2018 – Sept. 2018

Communications Committee, Committee member, SEPI	March 2016 – Dec. 2017
Chair, Enrico E. Jones Awards Committee, WPA	January 2017 – April 2017
Psychotherapy Research Committee member, Division 29	Dec. 2013 – Dec. 2014
Grant reviewer, 2014 Norine Johnson Grant, Division 29	June 2014
Grant reviewer, 2012 Charles Gelso Grant, Division 29 of APA	April 2012
Awards committee for the 2011 annual conference, NASPR	March 2011
Public Education Committee, student representative, OK Psych. Association	2008-2009

### **Professional-related Service to the Community**

Presentations on Conquering Fears and Anxiety, Blackfoot High School	2017, 2018
Presentations on Overcoming Performance Anxiety, Century High School	2017, 2018
Presentations on Conquering Fears and Anxiety, Pocatello High School	2017, 2018
Presentation on Conquering Fears and Anxiety, Jerome High School	2017
Presentation on Conquering Fears and Anxiety, Shelley High School	2017
Presentation on Treatments for Anxiety and Depression, LDS Institute	2015
Presentation on Recognizing Symptoms of Depression, LDS Congregation	2014
Science Fair Judge, ABC Northern Lights Elementary School	2014

### **Idaho State University**

#### **College and University-wide Service**

Graduate Council Committee Member	Aug. 2016 – May 2018
Scholastic Appeals Board	Aug 2016 – current
Graduate Faculty Representative	Feb 2016
Panel on the Helping Professions	Dec 2015

#### **Department Service**

Clinical Training Committee	Aug 2015 - current
Co-chair, Psychology Department Comprehensive Exams Committee	2017
Chair, Psychology Department Faculty Search Committee	2017
Psychology Department Faculty Search Committees	2015, 2016, 2017, 2018
Research Forum Planning Committee	2016, 2017, 2018
Web Committee	Sept 2015 – May 2017

### **University of Alaska Anchorage**

#### **University-wide Service**

Chair, Responsible Conduct of Research Committee	Sept 2013 – May 2015
Faculty Senate Committee on Research/Creative Activities	Dec 2012 – May 2015
University-wide Faculty Evaluation Committee	Sept 2014 – May 2015
Reviewer, 2014 Chancellor's Award for Excellence in Teaching	April 2014
CAFÉ presentation on teaching effectiveness	March 2014
Responsible Conduct of Research Committee Member	Sept 2012 – Sept 2013

#### **PhD Program Service**

Chair, PhD Outcomes Committee	Sept 2013 – May 2015
PhD Program Competencies Committee Member	Sept 2012 – May 2015
PhD Program Admissions Committee Member	Sept 2012 – April 2013

PhD Program Culture Committee Member Sept 2012 – Sept 2013

### **MS Program Service**

MS Program Clinical Training Committee Member Aug 2010 – Jul 2013  
 MS Program Outcomes Assessment Coordinator Aug 2011 – Jun 2013  
 MS Program Internship Coordinator Aug 2010 – May 2013

### **Department Service**

Psychology Department Faculty Search Committee Sept 2014 – Dec 2014  
 BSCN Planning Committee Jan 2014 – Dec 2014  
 Chair, Psychology Department Faculty Search Committee Sept 2012 – April 2013  
 Psychology Department Web Committee Member Aug 2010 – May 2013

### **Oklahoma State University**

Reviewer for Graduate Student Awards 2011-2013  
 Psychology Department Student Government Association 2005-2010  
 Psychology Department Search Committee, Student Representative 2008  
 Research Experience for Undergraduates, Student Mentor 2007

### **Brigham Young University**

Research Conference Planning Committee 2004

## **WORKSHOP PRESENTATIONS**

---

Dropout in psychotherapy: Strategies for engaging clients and improving outcomes.  
 TZK Webinars (2018 – 6 presentations)  
 Dropout in psychotherapy: Strategies for engaging clients and improving outcomes  
 ISU Counseling and Testing Services Wellness Symposium (May, 2016)

## **FELLOWSHIPS & GRANTS**

---

### **External Funding**

#### **Funded**

PI (2017-2019). *The Role of Clients' Stigma Perceptions, Expectations, and Preferences in Predicting Premature Termination and Treatment Outcome in Spiritually Integrated Psychotherapy*. John Templeton Foundation and the Consortium for Spiritually Centered Psychology and Education at BYU (\$50,871)  
 Co-PI (2016). Development of an outcome Tracking Measure for Use in Training Clinics. Society for the Advancement of Psychotherapy (\$5,500)  
 Co-PI (2016-2017). *Evaluating Stigma and Attitudes toward Seeking Psychotherapy in a Veteran Population*. Society for Psychotherapy Research Small Research Grant. (\$2,000)

Co-PI (2013-2014). *Improving Psychotherapist Effectiveness through Mindfulness Training*. APA Division 29 Norine Johnson, Ph.D. Psychotherapy Research Grant. (\$10,000)

Supervisor of Graduate Student PI (2012). *Student-Athlete Attitudes toward Seeking Mental Health Help*. National Collegiate Athletic Association. (\$7,500)

#### **Internal Funding, Idaho State University**

Faculty Supervisor. Mentored Undergraduate Student (Andrew Dimmick) Research Grant (2018-2019 - \$2,495) – *Using a Probability Discounting Method to Assess Cleints who belong to The Church of Jesus Christ of Latter-day Saints' Preference Strength for a Religious Match with their Therapists*. Office of Research

PI. Faculty Travel Grant (2018 - \$2,000) – *Client Preferences and Value Beliefs in Psychotherapy*. College of Arts and Letters

PI. Teaching Innovation Grant (2016 - \$4,922) – *Adding an Innovative Treatment Outcome Monitoring System to Improve Teaching and Training in the Psychology Clinic*. Office of the Provost

PI. Faculty Travel Grant (2016 - \$1,500) – *Micro-process Research in Psychotherapy: Identifying the Ingredients Associated with Successful Treatment Outcomes*. Office of Research

#### **Internal Funding, University of Alaska Anchorage**

PI. Innovate Award (2014 - \$9,999) – *Client and Therapist Moment-to-Moment Ratings of Significant Events in Psychotherapy*.

PI. Faculty Development Grant (2013 - \$1,800) – *What Works for Whom or All Must Have Prizes: A Treatment by Disorder Meta-Analysis for Dropout*.

PI. Faculty Development Grant (2011 - \$1,200) – *The Influence of Cultural Background on Client Preferences for Treatment Types, Therapy Roles, and Therapist Characteristics*.

#### **Internal Funding, Oklahoma State University**

OSU Distinguished Graduate Fellowship (2008 & 2009 - \$4,400) – Twice awarded by the Graduate College and the OSU Foundation to assist in continued research during the summer semester.

OSU Dissertation Research Fellowship (2007 & 2008 - \$4,000) – Twice awarded by the Graduate College for dissertation project funding: *Client Preferences and the Specific versus Common Factors Debate*.

#### **BOOK**

---

**Swift, J.K., & Greenberg, R.P.** (2015). *Premature Termination in Psychotherapy: Strategies for Engaging Clients and Improving Outcomes*. APA Books.

## VIDEO

---

**Swift, J.K.** (2018). *Engaging and Retaining Clients in Psychotherapy*. Systems of Psychotherapy Video Series. APA Books.

## PEER-REVIEWED JOURNAL ARTICLE PUBLICATIONS

---

\* denotes graduate student author, \*\* denotes undergraduate student author

1. *Spencer, J.\**, *Goode, J.\**, *Penix, E.\**, *Trusty, W.\**, & **Swift, J. K.** (In Press). Developing a collaborative relationship with clients during the initial sessions of psychotherapy. *Psychotherapy*.
2. **Swift, J. K.**, Callahan, J. L., Cooper, M., & *Parkin, S. R.\** (2018). The impact of client preference accommodation in psychotherapy: A meta-analysis. *Journal of Clinical Psychology, 74*, 1924-1937. doi:10.1002/jclp.22680
3. **Swift, J. K.**, *Spencer, J.\**, & *Goode, J.\** (2018). Improving psychotherapy effectiveness by addressing the problem of premature termination: Introduction to a special section. *Psychotherapy Research, 28*, 669-671. doi:10.1080/10503307.2018.1439192
4. **Swift, J. K.**, *Derthick, A. O.\**, & *Tompkins, K. A.\** (2018). The relationship between trainee therapists' and clients' initial expectations and actual treatment duration and outcomes. *Practice Innovations, 3*, 84-93. doi:10.1037/pri0000065
5. Fluckiger, C., Del Re., A.C., Barth, J., ... **Swift, J. K.**, Visla, A., & Wampold, B. E. (2018). Considerations of how to conduct meta-analyses in psychological interventions. *Psychotherapy Research, 28*, 329-332. doi:10.1080/10503307.2018.1430390  
*Note:* After the first two authors the remaining authors contributed equally and are in alphabetical order.
6. **Swift, J. K.** & Wampold, B. E. (2018). Inclusion and exclusion strategies for conducting meta-analyses. *Psychotherapy Research, 28*, 356-366. doi:10.1080/10503307.2017.1405169
7. Smith, K., Lawyer, S. R., & **Swift, J. K.** (2018). A meta-analysis of nonsystematic responding in delay and probability reward discounting. *Experimental and Clinical Psychopharmacology, 26*, 94-107. Doi:10.1037/pha0000167
8. *Brecht, K.\**, **Swift, J. K.**, Worrall, J. M., & *Parkin, S. R.\** (2017). A randomized controlled test of direct-to-consumer marketing using the American Psychological Association Psychotherapy Works videos. *Professional Psychology: Research and Practice, 48*, 421-428. doi:10.1037/pro0000167

9. **Swift, J. K., Tompkins, K. A.\*, & Parkin, S. R.\*** (2017). Understanding the client's perspective of helpful and hindering events in psychotherapy sessions: A micro-process approach. *Journal of Clinical Psychology, 73*, 1543-1555. doi:10.1002/jclp.22531
10. **Swift, J. K. & Parkin, S. R.\*** (2017). The client as an expert in psychotherapy: What clinicians and researchers can learn about treatment processes and outcomes from psychotherapy clients. *Journal of Clinical Psychology, 73*, 1486-1488. doi:10.1002/jclp.22528
11. **Swift, J. K., Callahan, J. L., Dunn, R., Ivanovic, M.\*, & Brecht, K.\*** (2017). A randomized-controlled crossover trial of mindfulness for student psychotherapists. *Training and Education in Professional Psychology, 11*, 235-242. doi:10.1037/tep0000154
12. **Tompkins, K.\*, Swift, J. K., Rousmaniere, T. G., & Whipple, J. L.** (2017). The relationship between clients' depression etiological beliefs and psychotherapy orientation preferences, expectations, and credibility beliefs. *Psychotherapy, 54*, 201-206. doi:10.1037/pst0000070
13. **Elkins, A.\*, Swift, J. K., & Campbell, K.** (2017). Clients' perceptions of personal psychotherapy or counseling for therapists. *Counselling Psychology Quarterly, 30*, 211-224. doi:10.1080/09515070.2016.1196342
14. **Swift, J. K., Greenberg, R. P., Tompkins, K.\*, & Parkin, S.\*** (2017). Treatment refusal and premature termination in psychotherapy, pharmacotherapy, and their combination: A meta-analysis of head-to-head comparisons. *Psychotherapy, 54*, 47-55. doi:10.1037/pst0000104
15. **Parkin, S. E.\* & Swift, J. K.** (2017). Utilizing patient hope and outcome expectations to facilitate treatment gains. *Medical Research Archives, 5(6)*, 1-9. doi:10.18103/mra.v5i6
16. **Norcross, J. C., Zimmerman, B. E., Greenberg, R. P., & Swift, J. K.** (2017). Do all therapists do that when saying goodbye? A study of commonalities in termination behaviors. *Psychotherapy, 54*, 66-75. doi:10.1037/pst0000097
17. **Goode, J\*, Park, J\*, Parkin, S.\*, Tompkins, K. A.\*, & Swift, J. K.** (2017). A collaborative approach to psychotherapy termination. *Psychotherapy, 54*, 10-14. doi:10.1037/pst0000085
18. **Rast, K., Herman, J., Rousmaniere, T., Whipple, J. L., & Swift, J. K.** (2017). Perceived impact on client outcome: Perspectives of practicing supervisors and supervisees. *SAGE Open, January-March 2017*, 1-10. doi:10.1177/2158244017698729
19. **Park, J.\*, Goode, J.\*, Tompkins, K. A.\*, & Swift, J. K.** (2016). Clinical errors that can occur in the treatment decision-making process in psychotherapy. *Psychotherapy, 53*, 257-261. doi:10.1037/pst0000066

20. *Colman, D. E. \*, Echon, R. \*, Lemay, M. \*, McDonald, J. \*, Smith, K. R. \*, Spencer, J. \*, & Swift, J. K.* (2016). The efficacy of self-care for graduate students in professional psychology: A meta-analysis. *Training and Education in Professional Psychology, 10*, 188-197. doi:10.1037/tep0000130  
*Note:* The first six authors contributed equally and are in alphabetical order.
21. *Tompkins, K. \*, Brecht, K. \*, Neander, L. \*, Tucker, B. \*, & Swift, J. K.* (2016). Who matters most?: The contribution of faculty, student-peers, and outside support in predicting graduate student satisfaction. *Training and Education in Professional Psychology, 10*, 102-108. doi:10.1037/tep0000115
22. *Wahto, R. S. \*, Swift, J. K., & Whipple, J. L.* (2016). The role of stigma and referral source in predicting college student-athletes' attitudes toward psychological help-seeking. *Journal of Clinical Sport Psychology, 10*, 85-98. doi:10.1123/JCSP.2015-0025
23. *Wahto, R. \*, & Swift, J. K.* (2016). The influence of labels on male attitudes toward seeking psychological help. *American Journal of Men's Health, 10*, 181-191. doi:10.1177/1557988314561491
24. *Rousmaniere, T., Swift, J. K., Babins-Wagner, R., Whipple, J. L., & Berzins, S.* (2016). Supervisor variance in psychotherapy outcomes in routine practice. *Psychotherapy Research, 26*, 196-205. doi:10.1080/10503307.2014.963730
25. *Delgadillo, J., Moreea, O., Murphy, E., Ali, S., & Swift, J. K.* (2015). Can low cost strategies improve attendance rates in brief psychological therapy?: Double-blind randomized controlled trial. *Journal of Clinical Psychology, 71*, 1139-1152. doi:10.1002/jclp.22228
26. *Fernandez, E., Salem, D., Swift, J. K., & Ramtahal, N.* (2015). Meta-analysis of dropout from cognitive behavioral therapy: Magnitude, timing, and moderators. *Journal of Consulting and Clinical Psychology, 83*, 1108-1122. doi:10.1037/ccp0000044
27. *Ivanovic, M. \*, Swift, J. K., Callahan, J. L., & Dunn, R.* (2015). A multi-site pre/post study of mindfulness training for therapists: The impact on session presence and effectiveness. *Journal of Cognitive Psychotherapy, 29*, 331-342. doi:10.1891/0889-8391.29.4.331
28. *Swift, J. K.* (2015). Addressing the problem of premature termination in psychotherapy. *Psychotherapie im Dialog, 4*, 2-7.
29. *Swift, J. K., Callahan, J. L., Tompkins, K. \*, Connor, D., & Dunn, R.* (2015). A delay-discounting measure of preferences for racial/ethnic matching in psychotherapy. *Psychotherapy, 52*, 315-320. doi:10.1037/pst0000019

30. *Freitas-Murrell, B. \**, & **Swift, J. K.** (2015). Attitudes toward seeking professional psychological help among Alaska Natives. *American Indian and Alaska Native Mental Health Research*, 22(3), 21-35. doi:10.5820/aian.2203.2015.21
31. **Swift, J. K.**, Callahan, J. L., Rousmaniere, T. G., Whipple, J. L., Dexter, K., & Wrape, E. R. (2015). Using client outcome monitoring as a tool for supervision. *Psychotherapy*, 52, 180-184. doi:10.1037/a0037659
32. **Swift, J. K.**, *Myra, J\**, & *Chantel, J. \**, *Freitas-Murrell, B. \** (2015). The influence of an Alaska Native accent and reputation on perceived therapist credibility. *American Indian and Alaska Native Mental Health Research*, 22, 27-41. doi:10.5820/aian.2201.2015.27.
33. **Swift, J. K.**, & Greenberg, R. P. (2014). A treatment by disorder meta-analysis of dropout in psychotherapy. *Journal of Psychotherapy Integration*, 24, 193-207. doi:10.1037/a0037512
34. Callahan, J. L., Gustafson, S., Misner, J., Paprocki, C. M., Sauer, E. M., Saules, K., Schwartz, J., **Swift, J. K.**, Whiteside, D., Wierda, K., & Wise, E. (2014). Introducing the Association of Psychology Training Clinics' collaborative research network: A study of client expectations. *Training and Education in Professional Psychology*, 8, 95-104. doi:10.1037/tep0000047  
*Note: all authors contributed equally and are in alphabetical order*
35. *Stewart, T. \**, **Swift, J. K.**, *Freitas-Murrell, B. \**, & Whipple, J. L. (2013). Preferences for mental health treatment options among Alaska Native college students. *American Indian and Alaska Native Mental Health Research*, 20(3), 59-78. doi:10.5820/aian.2003.2013.59
36. **Swift, J. K.**, & *Derthick, A. O. \** (2013). Increasing hope by addressing clients' outcome expectations. *Psychotherapy*, 50, 284-287. doi:10.1037/a0031941
37. *Tompkins, K. A. \**, **Swift, J. K.**, & Callahan, J. L. (2013). Working with clients by incorporating their preferences. *Psychotherapy*, 50, 279-283. doi:10.1037/a0031941
38. Dunn, R., Callahan, J. L., & **Swift, J. K.** (2013). Mindfulness as a trans-theoretical process. *Psychotherapy*, 50, 312-315. doi:10.1037/a0031941
39. **Swift, J. K.**, Callahan, J. L., *Ivanovic, M. \**, & *Kominiak, N. \*\** (2013). Further examination of the psychotherapy preference effect: A meta-regression analysis. *Journal of Psychotherapy Integration*, 23, 134-145. doi:10.1037/a0031423
40. **Swift, J. K.**, *Stewart, T. \**, Whipple, J., & *Kominiak, N. \*\** (2013). Asian American preferences for an ideal mental health treatment provider. *Asian Pacific Journal of Counseling and Psychotherapy*, 4, 44-56. doi:10.1080/21507686.2013.767848

41. Dunn, R., Callahan, J. L., **Swift, J. K.**, & *Ivanovic, M\** (2013). Effects of pre-session centering for clinicians on session presence and effectiveness. *Psychotherapy Research*, 23, 78-85. doi:10.1080/10503307.2012.731713
42. DeGeorge, J., Constantino, M. J., Greenberg, R.P., **Swift, J. K.**, & Smith-Hansen, L. (2013). Revisiting sex differences in preferences for an ideal psychotherapist. *Professional Psychology: Research and Practice*, 44, 29-36. doi:10.1037/a0029299
43. **Swift, J. K.**, Whipple, J. L., & Sandberg, P. (2012). A prediction of initial appointment attendance and initial outcome expectations. *Psychotherapy*, 49, 557-569. doi:10.1037/a0029441
44. **Swift, J. K.**, Greenberg, R. P., Whipple, J. & *Kominiak, N.\*\** (2012). Practice recommendations for reducing premature termination in therapy. *Professional Psychology: Research and Practice*, 43, 379-387. doi:10.1037/a0028291
45. **Swift, J. K.**, & Greenberg, R. P. (2012). Premature discontinuation in adult psychotherapy: A meta-analysis. *Journal of Consulting and Clinical Psychology*, 80, 547-559. doi:10.1037/a0028226
46. **Swift, J. K.**, Callahan, J. L., Herbert, G., & Heath, C. (2012). Naturalistic changes in subjective distress outside of therapy. *Journal of Clinical Psychology*, 68, 421-431. doi:10.1002/jclp.20869
47. **Swift, J. K.**, & Callahan, J. L. (2011). Decreasing treatment dropout by addressing expectations for treatment length. *Psychotherapy Research*, 21, 193-200. doi:10.1080/10503307.2010.541294
48. **Swift, J. K.**, Callahan, J. L., & Vollmer, B. M. (2011). Preferences. *Journal of Clinical Psychology*, 67, 155-165. doi:10.1002/jclp.20759
49. **Swift, J. K.**, & Callahan, J. L. (2010). A comparison of client preferences for intervention empirical support versus therapy common factors. *Journal of Clinical Psychology*, 66, 1217-1231. doi: 10.1002/jclp.20720
50. **Swift, J. K.**, Callahan, J. L., Heath, C., Herbert, G., & Levine, J.C. (2010). Applications of the psychotherapy phase model to clinically significant deterioration. *Psychotherapy: Theory, Research, Practice, Training*, 47, 235-248. doi: 10.1037/a0019787
51. **Swift, J. K.**, & Callahan, J. L. (2010). A delay-discounting model of psychotherapy termination. *International Journal of Behavioral Consultation and Therapy*, 5, 278-293.
52. **Swift, J. K.**, Callahan, J. L., & Levine, J. C. (2009). Using clinically significant change to identify premature termination. *Psychotherapy: Theory, Research, Practice, Training*, 46, 328-335. doi: 10.1037/a0017003

53. **Swift, J. K.**, Callahan, J. L., & Collins, F. (2009). Integrating all components in the training of evidence-based practice in psychology. *Bulletin of the American Academy of Clinical Psychology, 12*, 3-5.
54. **Swift, J. K.**, & Callahan, J. L. (2009). Early psychotherapy processes: An examination of client and trainee clinician perspective convergence. *Clinical Psychology and Psychotherapy, 16*, 228-236. doi: 10.1002/cpp.617
55. Callahan, J. L., Almstrom, C. M., **Swift, J. K.**, Borja, S. E., & Heath, C. (2009). Exploring the contribution of supervisors to intervention outcomes. *Training and Education in Professional Psychology, 3*, 72-77. doi: 10.1037/a0014294
56. Callahan, J. L., Aubuchon-Endsley, N., Borja, S. E., & **Swift, J. K.** (2009). Pretreatment expectancies and premature termination in the training clinic environment. *Training and Education in Professional Psychology, 3*, 111-119. doi: 10.1037/a0012901
57. **Swift, J. K.**, & Callahan, J. L. (2009). The impact of client treatment preferences on outcome: A meta-analysis. *Journal of Clinical Psychology, 65*, 368-381. doi: 10.1002/jclp.20553
58. **Swift, J. K.**, & Callahan, J. L. (2008). A delay-discounting measure of great expectations and the effectiveness of psychotherapy. *Professional Psychology: Research and Practice, 39*, 581-588. doi: 10.1037/0735-7028.39.6.581
59. Callahan, J. L., **Swift, J. K.**, & Hynan, M. T. (2006). Test of the phase model of psychotherapy in a training clinic. *Psychological Services, 3*, 129-136. doi: 10.1037/1541-1559.3.2.129

## OTHER PROFESSIONAL PUBLICATIONS

---

\* denotes graduate student author, \*\* denotes undergraduate student author

60. **Swift, J. K.** & *Ivanovic, M.*\* (2018). Does having clients and therapists practice mindfulness together have a positive impact on psychotherapy sessions? *Psychotherapy Bulletin, 53*.
61. **Swift, J. K.** & *Parkin, S. A.*\* (2017). Publishing psychotherapy research: Suggestions from editors and associate editors for preparing high quality manuscripts. *Psychotherapy Bulletin, 52*.
62. **Swift, J. K.** (2016). Clients' perspectives on treatment failure. Retrieved from [www.societyforpsychotherapy.org/clients-perspectives-on-treatment-failure/](http://www.societyforpsychotherapy.org/clients-perspectives-on-treatment-failure/)
63. **Swift, J. K.** (2016). Paying attention to the details: Conducting psychotherapy micro-process research with clients and therapists. *Psychotherapy Bulletin, 51*.

64. **Swift, J. K.** (2015). Psychotherapy: Sticking with it. Retrieved from [www.findapsychologist.org/psychotherapy-sticking-with-it-by-dr-joshua-k-swift/](http://www.findapsychologist.org/psychotherapy-sticking-with-it-by-dr-joshua-k-swift/)
65. **Swift, J. K.,** & Callahan, J. L. (2015). A multi-site study of mindfulness training for therapist. *Psychotherapy Bulletin, 50(1)*, 18-23.
66. *Tompkins, K. \*, & Swift, J. K.* (2014). Psychotherapy process and outcome research. In R. Cautin & S. Lilienfeld (Eds.) *Encyclopedia of Clinical Psychology*. Wiley-Blackwell.
67. *Derthick, A. \*, Ivanovic, M. \*, & Swift, J. K.* (2014). Therapist self-care. In R. Cautin & S. Lilienfeld (Eds.) *Encyclopedia of Clinical Psychology*. Wiley-Blackwell.
68. Hogan, L. R., Callahan, J. L., *Tompkins, K. A. \*, Swift, J. K.,* Connor, D.R., & Klonoff, E. A. (2014). Subjective well-being among internship applicants. *Psychotherapy Bulletin, 49(2)*, 13-16.
69. Callahan, J.L., **Swift, J.K.,** Hogan, L. R., *Tompkins, K. \*,* Connor, D. R., & Klonoff, E. A. (2014). Seeking the “perfect” match: An empirical examination of applicant differences according to internship setting. *Psychotherapy Bulletin, 49(1)*, 13-18.
70. **Swift, J.K.** (2012). Training in the art of psychotherapy. *Psychotherapy Bulletin, 47(4)*, 20-23.
71. **Swift, J.K.,** Callahan, J.L., & Vollmer, B.M. (2011). Preferences. In J.C. Norcross (Ed.), *Psychotherapy Relationships that Work: Evidence-Based Responsiveness* (2<sup>nd</sup> Edition, pp. 301-315). New York: Oxford University Press.
72. **Swift, J.K.** (2008). Donald K. Freedheim student development award: The impact of client treatment preferences on outcome: A meta-analysis. *Psychotherapy Bulletin, 43*, 19-20.
73. **Swift, J.K.** (2008). Informing the public about resilience in the wake of natural disasters. *The Oklahoma Psychologist, Fall 2008*, 4.
74. **Swift, J.K.,** & Wisdom, N. (2006). Response to the president’s column on the evidence-based practice in psychology task force report. *The Clinical Psychologist, 59*, 7.

## **SELECT PROFESSIONAL PRESENTATIONS**

---

\* denotes graduate student author, \*\* denotes undergraduate student author

1. **Swift, J. K.,** *Wahto, R. \*, Spencer, J. \*, & Parkin, S. \** (2018, October). *Clients’ and Therapists’ Beliefs about What Works in Psychotherapy*. Paper presented at the Taiwan Psychological Association 2018 Annual Convention, Tainan, Taiwan.

2. **Swift, J. K.**, Callahan, J. L., Cooper, M., & *Parkin, S.* \* (2018, October). *Does Accommodating Client Preferences Result in Improved Counseling Outcomes?: Meta-Analytic Results*. Paper presented at the Taiwan Guidance and Counseling Association 2018 Annual Conference, Taipei, Taiwan.
3. *Goode, J.* \*, **Swift, J. K.**, Christopherson, C., & *Olsen, M.* \*\* (2018, September). *Clinical and Counseling Psychology Faculty Engagement in Questionable Research Practices*. Paper presented at the North American Society for Psychotherapy Research 2018 Chapter Meeting, Snowbird, UT.
4. **Swift, J. K.**, *Barndt, M.* \*\*, Christopherson, C., & *Olsen, M.* \*\* (2018, September). *Compliance with Data Sharing Requests within Clinical Psychological Research*. Paper presented at the North American Society for Psychotherapy Research 2018 Chapter Meeting, Snowbird, UT.
5. *Byars, M.* \*\*, **Swift, J. K.**, *Goode, J.* \*, *Penix, E.* \*, & *Trusty, W.* \* (2018, September). *Attitudes, Stigma, and Psychotherapy Treatment Seeking Barriers in Law Enforcement Officers*. Poster presented at the North American Society for Psychotherapy Research 2018 Chapter Meeting, Snowbird, UT.
6. **Swift, J. K.** (2018, September). *Many Datapoints, Many Changes: Novel and Cutting-Edge Approaches to Change in Psychotherapy Research*. Invited panel presentation at the North American Society for Psychotherapy Research 2018 Chapter Meeting, Snowbird, UT.
7. **Swift, J. K.**, Callahan, J. L., Cooper, M., & *Parkin, S.* \* (2018, September). *The Impact of Accommodating Client Preferences in Psychotherapy: A Meta-Analysis*. Paper presented at the North American Society for Psychotherapy Research 2018 Chapter Meeting, Snowbird, UT.
8. *Spencer, J.* \*, **Swift, J. K.**, & *Parkin, S.* \* (2018, September). *Clients' Perspectives of What Works in Psychotherapy*. Paper presented at the North American Society for Psychotherapy Research 2018 Chapter Meeting, Snowbird, UT.
9. *Wahto, R.* \* & **Swift, J. K.** (2018, September). *Therapists' Perspectives on What Works in Psychotherapy*. Paper presented at the North American Society for Psychotherapy Research 2018 Chapter Meeting, Snowbird, UT.
10. *Olsen, M.* \*\*, **Swift, J.K.**, Christopherson, C.D., & *Zold, A.* \* (2018, April). *Questionable Research Practices of Faculty Members and Students in APA-accredited Professional Psychology Programs*. Poster presented at the 2018 Western Psychological Association Annual Convention, Portland, OR.
11. *Goode, J.* \*, **Swift, J.K.**, *Olsen, M.* \*\*, & *Luker, J.* \*\* (2018, April). *Questionable Research Practices of Faculty Members in APA-Accredited Professional Psychology*

- Programs*. Poster presented at the 2018 Rocky Mountain Psychological Association Annual Convention, Denver, CO.
12. **Byars, M.\*\***, **Swift, J.K.**, & **Goode, J.\*** (2018, April). *Attitudes and Stigma Associated with Psychotherapy Among Law Enforcement Officers*. Poster presented at the 2018 Western Regional Honors Conference, Orange, CA.
  13. **Goode, J.\*** & **Swift, J.K.** (2017, August). *Stigma and Attitudes toward Veterans Who Experience Mental Health Problems and/or Seek Psychotherapy*. Paper presented at the 2017 American Psychological Association Annual Convention, Washington, DC.
  14. **Park, J.\*** & **Swift, J.K.** (2017, August). *Increasing Psychotherapy Treatment-Seeking Attitudes and Intentions Utilizing Regulatory Focus Theory*. Paper presented at the 2017 American Psychological Association Annual Convention, Washington, DC.
  15. **Swift, J.K.**, **Parkin, S.\***, **Olsen, M.\*\***, **Goode, J.\***, & **Park, J.\*** (2017, August). *Using Quotes from Influential Others to Improve Attitudes toward Psychotherapy in Religious Individuals*. Paper presented at the 2017 American Psychological Association Annual Convention, Washington, DC.
  16. **Swift, J.K.** (2017, April). *The Role of the Client in Psychotherapy*. Paper presented at the 2017 Western Psychological Association Annual Convention, Sacramento, CA.
  17. **Smith, K. R.\***, **Lemay, M. S.\***, **Coleman, D. E.\***, **Echon, R.\***, **McDonald, J.\***, **Spencer, J.\***, & **Swift, J.K.** (2017, April). *The Efficacy of Self-Care for Professional Psychology Graduate Students: A Meta-Analysis*. Poster presented at the 2017 Rocky Mountain Psychological Association Annual Convention, Salt Lake City, UT.
  18. **Goode, J.\***, & **Swift, J.K.** (2016, October). *Effects of Mental Health Stigma on Help-Seeking Attitudes in the Veteran Population*. Poster presented at the 2016 ABCT Conference, New York, NY.
  19. **Park, J.\***, & **Swift, J.K.** (2016, October). *Increasing Treatment-Seeking Behavior Utilizing Regulatory Focus Theory*. Poster presented at the 2016 ABCT Conference, New York, NY.
  20. **Brecht, K.\***, & **Swift, J.K.** (2016, August). *The Impact of APA's Psychotherapy Works Videos on Stigma and Attitudes toward Psychotherapy*. Paper presented at the 2016 APA Annual Convention, Denver, CO.
  21. **Swift, J.K.** (2016, August). *Moment-by-Moment Client Ratings of Helpful and Hindering Events in Psychotherapy Sessions*. Poster presented at the 2016 APA Annual Convention, Denver, CO.
  22. **Swift, J.K.** (2016, June). *Mindfulness in Psychotherapy: From Theory to Practice*. Invited panel member at the 2016 SPR Annual Conference, Jerusalem, Israel.

23. **Swift, J.K.**, & *Tompkins, K.A.* \* (2016, June). *Client and therapist convergence in moment-to-moment ratings of significant events in psychotherapy*. Paper presented at the 2016 SPR Annual Conference, Jerusalem, Israel.
24. Hoyt, T.J., Whipple, J., **Swift, J.K.**, Rousmaniere, T., Pedersen, T.R., & Worthen, V.E. (2016, June). *Supervisor variance in psychotherapy outcome in routine practice: A replication*. Poster presented at the 2016 SPR Annual Conference, Jerusalem, Israel.
25. **Swift, J.K.**, Callahan, J.L., & Dunn, R. (2015, June). *Improving Psychotherapist Effectiveness through Mindfulness Training*. Paper presented at the 2015 SPR Annual Conference, Philadelphia, PA.
26. *Zold, A.* \*, & **Swift, J.K.** (2015, June). *Client Perceptions of Therapist Personal Therapy*. Paper presented at the 2015 SPR Annual Conference, Philadelphia, PA.
27. *Tompkins, K. A.* \*, **Swift, J.K.**, & Greenberg, R.P. (2015, June). *A Comparison of Dropout Rates between Psychotherapy and Medication*. Paper presented at the 2015 SPR Annual Conference, Philadelphia, PA.
28. *Tompkins, K.A.* \*, & **Swift, J.K.** (2015, June). *Client Preference for an Ideal Therapist: Personality Comparisons between Clients' Ideal Therapists and Other Real-life Relations*. Poster presented at the 2015 SPR Annual Conference, Philadelphia, PA.
29. Rousmaniere, T.G., **Swift, J.K.**, Callahan, J. L., Berzins, S., & Whipple, J. (2015, June). *Exploring the Patterns of Change Prior to Premature Termination*. Poster presented at the 2015 SPR Annual Conference, Philadelphia, PA.
30. *Wahto, R.S.* \*, & **Swift, J.K.** (2015, June). *The Role of Stigma, Referral Source, and Help-seeking Attitudes in Student-athlete's Willingness to Seek Psychological Help*. Poster presented at the 2015 SPR Annual Conference, Philadelphia, PA.
31. *Brecht, K.* \*, & **Swift, J.K.** (2015, June). *Psychotherapy Awareness Videos and their Effect on Help-seeking Attitudes and Stigma*. Paper presented at the 2015 SPR Annual Conference, Philadelphia, PA.
32. **Swift, J.K.**, *Derthick, A.O.* \*, & *Tompkins, K.* \* (2014, August). *The Accuracy of Clients' and Psychotherapists' Duration and Outcome Expectations for Psychotherapy*. Poster presented at the 2014 APA Annual Convention, Washington DC.
33. Rousmaniere, T., Babins-Wagner, R., **Swift, J.K.**, Whipple, J., & Berzins, S. (2014, August). *Supervisor Effects on Psychotherapy Outcome in Routine Practice*. In Ed Watkins (Symposium Chair) *The Naturalistic Study of Psychotherapy Supervision Outcome: Two Emerging Research Programs*. Paper presented at the 2014 APA Annual Convention, Washington DC.

34. Connor, D. R., Callahan, J. L., **Swift, J. K.**, Hogan, L. R., *Tompkins, K. A.\**, & Klonoff, E. A. (2014, August). *Seeking the perfect "match": An examination of differences across internship settings*. Poster presented at the 2014 APA Annual Convention. Washington, DC.
35. Dunn, R., Connor, D. R., **Swift, J. K.**, & Callahan, J. L. (2014, August). *How important is ethnic matching?: A delay discounting measure of treatment and therapist preferences*. Poster presented at the 2014 APA Annual Convention. Washington, DC.
36. Dunn, R. A., Callahan, J. L., **Swift, J. K.**, & *Ivanovic, M.\** (2014, August). *Effects of pre-session centering for therapists on session presence and effectiveness*. Poster presented at the 2014 APA Annual Convention. Washington, DC.
37. Gerber, M. M., Dunn, R., Connor, D. R., **Swift, J. K.**, Callahan, J. L., & *Tompkins, K. A.\** (March, 2014). *How important is ethnic matching? A delay-discounting measure of treatment and therapist preferences*. Poster presentation at the Annual Graduate Exhibition, Denton, Texas.
38. Rousmaniere, T., Babins-Wagner, R., **Swift, J.K.**, Whipple, J., & Berzins, S. (2014, June). *Supervisor Effects on Psychotherapy Outcome in Routine Practice*. Paper presented at the Tenth International Interdisciplinary Conference on Clinical Supervision, Garden City, NY.
39. **Swift, J.K.**, *Derthick, A.O.\**, & *Tompkins, K.\** (2014, May). *A Test of the Accuracy of Clients' and Psychotherapists' Duration and Outcome Expectations for Psychotherapy*. Paper presented at the 2014 International Federation of Psychotherapy Congress, Shanghai, China.
40. *Neander, L.\**, *Tompkins, K.\**, *Brecht, K.\**, *Tucker, B.\**, & **Swift, J.K.** (2014, April). *Who Matters Most: The Relationship between Graduate Training Satisfaction and Social Support*. Paper presented at the 2014 Behavioral Sciences Conference of the North, Anchorage, AK.
41. *Whato, R.\**, & **Swift, J.K.** (2014, April). *Mental Health Help-Seeking Attitudes in Student Athletes at UAA*. Paper presented at the 2014 Behavioral Sciences Conference of the North, Anchorage, AK.
42. *Tucker, B.\**, *Brecht, K.\**, *Tompkins, K.\**, *Neander, L.\**, & **Swift, J.K.** (2014, April). *How Social Support Predicts Life Satisfaction for Clinical and Counseling Psychology Doctoral Students*. Paper presented at the 2014 Behavioral Sciences Conference of the North, Anchorage, AK.
43. **Swift, J.K.**, & Callahan, J. L. (2013, August). *Preferences for Therapist Ethnicity, Multi-cultural Competence, and Culturally-adapted Treatments*. Paper presented at the 2013 APA Annual Convention, Honolulu, HI.

44. **Kominiak, N.K.\*\***, & **Swift, J.K.** (2013, August). *Military Spouses' Perceptions of PTSD, Depression, and Available Treatment Options*. Paper presented at the 2013 APA Annual Convention, Honolulu, HI.
45. **Wahto, R. S.\***, & **Swift, J.K.** (2013, August). *Attitudes toward Psychological Help-Seeking in Intercollegiate Athletes and Non-Athlete Students*. Poster presented at the 2013 APA Annual Convention, Honolulu, HI.
46. **Swift, J.K.**, & **Mayra, J.\*** (2013, August). *Perceived Therapist Credibility Based on Accent and Credentials*. Poster presented at the 2013 APA Annual Convention, Honolulu, HI.
47. **Tompkins, K. A.\***, & **Swift, J.K.** (2013, August). *Beliefs about the Causes of Depression and Treatment Preferences*. Poster presented at the 2013 APA Annual Convention, Honolulu, HI.
48. **Rousmaniere, T.G.**, **Whipple, J.L.**, & **Swift, J.K.** (2013, July). *Effects of Continuous Working Alliance Feedback on Psychotherapy Outcomes*. Paper presented at the 2013 SPR Annual Conference, Brisbane, Australia.
49. **Swift, J.K.**, & **Greenberg, R.P.** (2013, June). *Do Treatments Differ in their Dropout Rates? Results from Two Meta-Analyses*. Paper presented at the 2013 SEPI meeting, Barcelona, Spain.
50. **Swift, J.K.** (2012, September). *Six Practice Recommendations for Preventing our Clients from Dropping Out of Counseling*. CE Workshop presented at the 2012 AKAMFT, AKAPT, & AKCA Joint Conference, Anchorage, AK.
51. **Ivanovic, M.\***, & **Swift, J.K.** (2012, September). *Mindfulness for Mental Health Professionals*. CE Workshop presented at the 2012 AKAMFT, AKAPT, & AKCA Joint Conference, Anchorage, AK.
52. **Swift, J.K.**, **Callahan, J.L.**, **Dunn, R.**, & **Ivanovic, M.\*** (2012, August). *A Multi-site Randomized-Controlled Trial of Pre-session Mindfulness Centering for Therapists*. Poster presented at the 2012 APA Annual Convention, Orlando, FL.
53. **Stewart, T.J.\***, **Swift, J.K.**, & **Whipple, J. L.** (2012, May). *Mental Health Treatment Preferences of Alaska Natives*. Paper presented at the 2012 NARMH Annual Conference, Anchorage, AK.
54. **Mayra, J.\***, & **Swift, J. K.** (2012, April). *The Influence of Alaska Native Accent, Credentials, and Perceived Therapist Credibility*. Paper presented at the 2012 Behavioral Sciences Conference of the North, Anchorage, AK.

55. **Wahto, R.\***, & **Swift, J. K.** (2012, April). *It's All in the Packaging: Improving Male Attitudes about Mental Health Interventions*. Paper presented at the 2012 Behavioral Sciences Conference of the North, Anchorage, AK.
56. **Ivanovic, M.\***, & **Swift, J. K.** (2012, April). *Effects of Pre-Session Centering on Therapy Sessions*. Paper presented at the 2012 Behavioral Sciences Conference of the North, Anchorage, AK.
57. **Stewart, T.\***, **Murrell, B.\***, & **Swift, J. K.** (2012, April). *Alaska Native Preferences for Ideal Mental Health Providers and Treatment Types*. Paper presented at the 2012 Behavioral Sciences Conference of the North, Anchorage, AK.
58. **Swift, J.K.**, Whipple, J., & **Greenon, N.\*\*** (2011, September). *The Influence of Cultural Background on Client Preferences for Treatment Types, Therapy Roles, and Therapist Characteristics*. Paper presented at the 2011 NASPR Annual Conference, Banff, Canada.
59. **Swift, J.K.**, Greenberg, R.P., & **Bennett, R.\*** (2011, August). *Psychotherapy Dropout Revisited: A Meta-Analysis of Premature Termination Over the Past 20 Years*. Paper presented at the 2011 APA Annual Convention, Washington DC.
60. Whipple, J., **Swift, J.K.**, & **Greenon, N.\*\*** (2011, June). *Influence of Cultural Background on Client Preferences for Therapy*. Poster presented at the 2011 SPR Annual Conference, Bern, Switzerland.
61. **Swift, J.K.** (2011, May). Adapting Psychotherapy to Patient's Preferences. In J. Norcross, L. Beutler, & J.K. Swift (Panel Presenters), *Tailoring Psychotherapy to the Individual Patient: Where Science and Practice Converge*. Invited panel presented at the 2011 SEPI Annual Meeting, Washington, DC.
62. DeGeorge, J., Constantino, M.J., Greenberg, R.P., **Swift, J.K.**, & Smith-Hansen, L. (2011, May). *Revisiting Sex Differences in Preferences for an Ideal Psychotherapist*. Paper presented at the 2011 SEPI Annual Meeting, Washington DC.
63. **Greenon, N. K.\*\***, **Swift, J. K.**, & Whipple, J. (2011, April). *The Influence of Cultural Background on Client Preferences for Mental Health Treatment*. Paper presented at the 2011 Behavioral Sciences Conference of the North, Anchorage, AK.
64. **Swift, J.K.** (2011, April). *Mental Disorders: If One in Four Suffer, Why Don't We Get Help?* Invited presentation, College of Arts and Sciences Relevant Research Speaker Series, University of Alaska Anchorage, Anchorage, AK.
65. **Swift, J.K.** (2011, February). *Psychotherapy Process and Outcome Research*. Brief presentation at the 2011 UAA Rapid Fire Research Event, Anchorage, AK.

66. **Swift, J.K.** (2010, February). *Improving Therapy Outcomes by Treating the Individual Client*. Invited colloquium, Department of Psychology, University of Alaska Anchorage, Anchorage, AK.
67. **Swift, J.K.,** & Callahan, J.L. (2009, August). *Longitudinal Analysis of Clinically Significant Deterioration Using the Phase Model*. Poster presented at the 2009 APA Annual Convention, Toronto, Canada.
68. **Swift, J.K.,** & Callahan, J. L. (2009, February). *Applying the Phase Model to Clinically Significant Deterioration in Mental Health*. Paper presented at the 2009 OSU Research Symposium, Stillwater, OK.
69. **Swift, J.K.** (2008, December). *Stress in America: Preventing Clinically Debilitating Distress in Tough Times*. Invited colloquium, Department of Psychology, Oklahoma State University, Stillwater, OK.
70. **Swift, J.K.,** & Callahan, J.L. (2008, November). *The Effects of Providing Clients with Duration Education Based on the Observed Effectiveness of Psychotherapy*. Poster presented at the 2008 ABCT Annual Convention, Orlando, FL.
71. **Swift, J.K.,** Callahan, J.L., & Levine, J.C. (2008, November). *Definitions of Premature Termination: Are We Measuring What We Purport to Measure*. Poster presented at the 2008 OPA Annual Convention, Oklahoma City, OK.
72. **Swift, J.K.,** & Callahan, J.L., & Levine, J.C. (2008, November). *Using the Phase Model to Understand Clinically Significant Deterioration*. Poster presented at the 2008 OPA Annual Convention, Oklahoma City, OK.
73. **Swift, J.K.,** & Callahan, J.L. (2008, November). *Decreasing Treatment Dropout through Pretreatment Education*. Poster presented at the 2008 OPA Annual Convention, Oklahoma City, OK.
74. **Swift, J.K.,** & Callahan, J.L. (2008, August). *Client Preferences for Specific versus Common Factors in Therapy*. Poster presented at the 2008 APA Annual Convention, Boston, MA.
75. **Swift, J.K.,** & Callahan, J.L. (2008, August). *The Effect of Treatment Assignment by Preference: A Meta-Analysis*. Poster presented at the 2008 APA Annual Convention, Boston, MA.
76. **Swift, J.K.** (2008, May). *Tracking Outcomes for a Brief College Based Alcohol Education Program*. Paper presented at the 2008 Oklahoma College Student Personnel Association Annual Conference, Tulsa, OK.

77. **Swift, J.K.**, & Callahan, J. L. (2008, February). *A Comparison of Client and Trainee Perspectives for Early Therapy Processes and Outcomes*. Paper presented at the 2008 OSU Research Symposium, Stillwater, OK.
78. **Swift, J.K.**, & Callahan, J.L. (2007, November). *Using a Delay Discounting Method to Measure Expectations of Psychotherapy*. Poster presented at the 2007 ABCT Annual Convention, Philadelphia, PA.
79. **Swift, J.K.** (2007, November). *The Art or Science of Psychotherapy: Searching for the Contributing Factors to Therapy's Effectiveness*. Invited colloquium, Department of Psychology, Oklahoma State University, Stillwater, OK.
80. **Swift, J.K.**, & Callahan, J.L. (2007, September). *Is Therapy Working?: Learning to Understand Therapy from the Client's Perspective*. Poster presented at the 2007 OPA Annual Convention, Oklahoma City, OK.
81. **Swift, J.K.**, & Callahan, J.L. (2007, August). *Using Delay Discounting as a Measure of Psychotherapy Expectations*. Poster presented at the 2007 APA Annual Convention, San Francisco, CA.
82. **Swift, J.K.** (2007, April). *Expectations and the Effectiveness of Psychotherapy*. Invited colloquium, Department of Psychology, Oklahoma State University, Stillwater, OK.
83. **Swift, J.K.**, & Callahan, J.L. (2007, February). *Expectations of the Duration and Effectiveness of Psychotherapy: A Delay Discounting Perspective*. Paper presented at the 2007 OSU Research Symposium, Stillwater, OK.
84. **Swift, J.K.**, Thorn, J., Shimokawa, K., Despain, A., & VanderKellen, P. (2004, November). Enhancing Outcome Questionnaire feedback using Clinical Support Tools: Exploration of the Revised Helping Alliance Questionnaire. In M.J. Lambert (Chair), *Using Clinical Support Tools to enhance outcome in treatment nonresponders*. Panel presented at the NASPR 2004 regional conference, Springdale, UT.
85. Thorn, J., & **Swift, J.K.** (2004, March). *Enhancing Outcome Questionnaire feedback: Use of the Revised Helping Alliance Questionnaire*. Paper presented at the BYU Psychology Research Conference 2004, Provo, UT.
86. Bell, K., Christopherson, C., & **Swift, J.K.** (2004, March). *The effects of feedback and competitiveness on math tasks*. Poster session presented at the BYU Psychology Research Conference 2004, Provo, UT.