

SCHOOL OF NURSING

DIVISION OF HEALTH SCIENCES

Idaho State
UNIVERSITY

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Idaho State University School of Nursing Newsletter

April 2014

Dr. Kelly Pesnell Named 2014 American Association of Nurse Practitioners State of Idaho Nurse Practitioner of the Year

The American Association of Nurse Practitioners has selected Idaho State University's Dr. Kelly Pesnell as the state's 2014 Nurse Practitioner of the Year.

Pesnell, a clinical assistant professor at the Idaho State University Meridian Health Science Center since 2007, will be honored in June at the AANP national conference in Nashville, Tenn. She was selected for clinical excellence, leadership, scholarship and helping to develop Idaho's only Doctor of Nursing Practice, Nurse Practitioner degree, which began Fall of 2013 at ISU.

"I was truly surprised," Pesnell said when she was notified of the state

honor. "I felt humbled someone thought my work worthy enough to be nominated."

A family nurse practitioner for 11 1/2 years, Pesnell practices at West Valley Rural Clinics in Parma. As the clinic's only bilingual nurse practitioner, she is able to serve the region's large Spanish-speaking population.

"I like the patient-provider interaction and applying the art of nursing to the health care needs of a rural community," said Pesnell.

Pesnell, D.N.P., holds a master's degree in family nurse practice from ISU and a doctorate in nurse practice from University of Alabama, Tuscaloosa.



Nurse practitioners provide primary, acute and specialty health care to patients of all ages. They conduct patient assessments, make diagnoses, order and interpret tests, prescribe medications and manage treatment plans.

ISU Cares Spot Award Winner



Morgan Scadden

Congratulations to Morgan Scadden, for the outstanding customer service and care that she provides to School of Nursing students, staff, faculty and other members and visitors of the University.

ISU Cares is a customer service program designed to encourage caring, attentiveness, respect, efficiency and effective service.

To commend an ISU employee for their customer service, please visit <http://www.isu.edu/humanr/isucares.shtml>.

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School of Nursing: New Faculty Members

Julius Kehinde

Dr. Julius Kehinde, PhD, RN joined the School of Nursing faculty as an Assistant Professor in January, 2014. He completed his PhD at the Medical University of South Carolina in 2011 and a 2-year post-doctoral fellowship at the University of Utah College Of Nursing in December, 2013. Prior to his current position, Dr. Kehinde worked as a nursing supervisor for well over 10 years in a med/surg unit at the Loma Linda University Medical Center in California. Influenced by his experience as a supervisor in a nursing home and the orthopedic unit, he chose a system approach to resident safety, beginning with fall prevention among older adults in nursing homes as his program of research. Dr. Kehinde is genuinely passionate about geriatric research—resident falls, quality improvement, patient safety, and health systems research—and his manuscripts in this regard have been published in top tiered, peer-reviewed journals. His scholarly works have also been presented at national conferences such as Gerontological Society of America, Western Institute of Nursing, and Transforming Fall Prevention Practices conference. In addition to his love for teaching and research, he is passionate about soccer and basketball. He is a staunch supporter of the Los Angeles Lakers and Chelsea Football Club in England.



Kathleen Baron

Kathleen Baron, APRN, CNP, FNP, PNP, DNP is originally from the Los Angeles area, but she has lived in Rexburg, Idaho for the past 8 ½ years. She loves the area and the people of Idaho. Dr. Baron is a Family and Pediatric nurse practitioner. She received her Doctor of Nursing Practice from the University of Utah. Her research interests are health promotion with a clinical emphasis, web design, e-loyalty, and preconception health education. She is participating on several interdisciplinary teams here at ISU. She has RN experience in the emergency department, neonatal ICU, post anesthesia care unit, and IV infusion therapy. Kathleen enjoys gardening and interior design.



Did you know???

1. In many parts of China, patients have to take a number to get medical attention. They start lining up outside the hospital at 3am, and often there's a suffocating crush when the doors open.
2. Nursing students aren't allowed to speak to their professors in Vietnam. They learn through lectures, textbooks and recitation drills, with no experience with real patients until they're on the job.
3. A significant number of doctors in the Philippines are heading back to school...to become nurses! They then come to the U.S. to make more money as nurses than they earn as MDs in their own country.
4. Hospitals in Mexico only use gloves "when necessary."
5. Nurses at ill-funded Chinese hospitals have to reuse supplies such as gloves and even syringes.

<http://scrubsmag.com/stats/>

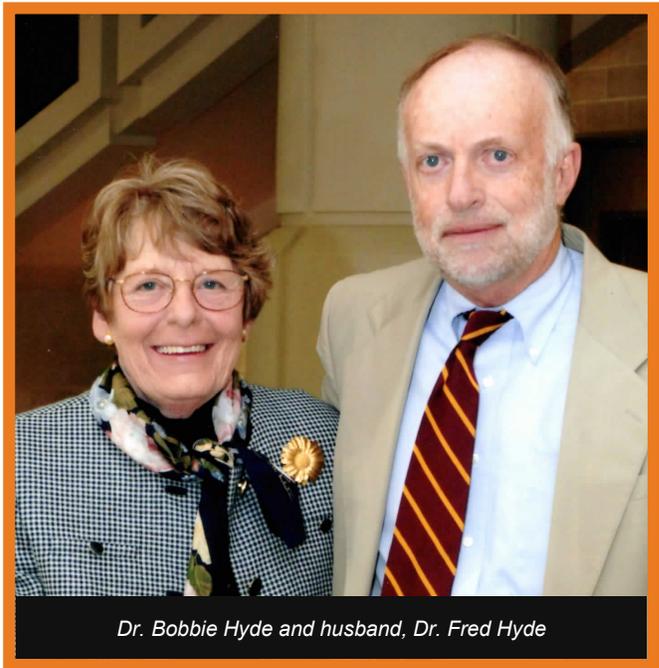
Roberta “Bobbie” Stanton Hyde, PhD, RN Scholarship

Dr. Bobbie Hyde was born Roberta Stanton in Clark’s Summit PA, which is a lower middle class suburb of Scranton. She attended public schools. On the night prior to her high school graduation, as she was preparing to enter nursing school, she wrote her parents a letter which said in part, “I intend to be the best nurse I can be” and she certainly succeeded. She started her nursing education as a diploma nurse graduating from the Peter Bent Brigham School of Nursing in Boston, MA, in 1963. Peter Bent Brigham Hospital is a Harvard Medical School teaching hospital. In the Peter Bent Brigham Hospital, at this time, a student nurse in her senior year was alone on the ward with twenty patients. The nurse’s station was in the middle of the room, where she (there were no males in nursing in those days) could see and hear all of her patients. She also poured all of her own medications as there were no single unit packaging arriving from the pharmacy. Each patient was sicker than the next; it was truly trial by fire - either you did it right or you were gone. There was an RN House Supervisor who could be called; she was often called first as she usually knew more than the MDs. The night shift was also staffed with plenty of bright interns and residents who were available when needed. If a nurse finished such a program, she was good. Bobbie was very good and graduated 2nd in her class.

In August of 1963, Bobbie married Dr. Fred Hyde who was a Harvard Medical School graduate, and Bobbie spent the next several years working with him as he finished his residency and fellowship programs and raising their young family. Their children, Rebecca and Jim were born during this time. In 1977, the family moved to Pocatello, ID. Fred chose to practice as an internal medicine physician/medical oncologist in Pocatello. He was well respected for his work and retired in 2004.

Bobbie began taking classes at Idaho State University (ISU). She completed her Bachelor of Science in Nursing (1981), Master of Science in Nursing (1983), and PhD in Social/Administrative Sciences (1991) from the College of Pharmacy. Bobbie joined the faculty at the Department of Nursing in 1984 and she was appointed to the Graduate faculty in 1992. Bobbie was a community health nursing expert and she was a strong advocate for all students but especially students who came from disadvantaged backgrounds and students who were Licensed Practical Nurses (LPN) or Associate Degree Registered Nurses (ADRN) who wanted to complete their baccalaureate and/or masters degrees.

For all of us who remember her, Bobbie was a tremendous educator, mentor, colleague and friend. She has been recognized for her work as a nurse educator, researcher and advocate for students. Many of us will recall her attention to detail and unending support for help with projects, papers and other assignments. All of us realized we were lucky if Bobbie was assigned to be the chairman for our thesis committee, as she spent many hours with every student to assure each thesis was in proper order prior to submission. Her motto was always “if I can do it, so can you.”



Dr. Bobbie Hyde and husband, Dr. Fred Hyde

(Continued on page 4)

School of Nursing: Featured People

Student Spotlight

Roberta “Bobbie” Stanton Hyde, PhD, RN Scholarship

(Continued from page 3)

Bobbie tragically passed away shortly after her retirement in 2006 leaving her husband, daughter, son and four grandchildren. After her death, an ISU scholarship was established for her by her husband, Dr. Fred Hyde. Fred recognizes the value of scholarship support for students, as he was educated via scholarships when he was in medical school. The Roberta “Bobbie” Stanton Hyde Scholarship is given to students who are admitted to the ISU School of Nursing and demonstrate a financial need. Preference is given to students who are single parents; transitioning from LPN and/or ADRN to a baccalaureate prepared nurse; younger students between the ages of 18—24 years of age; and from Native American, Black, and/or Hispanic heritage. The scholarship is awarded every year for the Spring semester and scholarship decisions are made by a panel of community leaders and faculty from the School of Nursing.

The first scholarships were given in 2008 and since that time twenty undergraduate nursing students have received the award. This scholarship has made a tremendous difference in the lives of these students and allowed students to complete their dream of becoming a professional registered nurse. Bobbie would be pleased to know that her legacy of community spirit and student support lives on through the generosity of her husband, Dr. Fred Hyde. If you are interested in giving to the Dr. Roberta “Bobbie” Stanton Hyde Scholarship, please contact the ISU Foundation Office at 282-3470.



Cosette Turnbow

Cosette Turnbow consistently seeks challenging experiences as a family nurse practitioner student. Her precepted experiences range from rural clinics where she has provided primary care for farmers and ranchers, migrant farm workers, and town leaders to urban settings including psych-mental health care and women’s health. She has treated acute and chronic illnesses among patients of all ages, bringing with

her a unique perspective gained as a nurse in a correctional facility. Her nursing experience has taught Cosette that all patients are potentially vulnerable and each deserving of an individualized approach to primary healthcare. And it is this perspective that Cosette brings to the Idaho Senior Refugee Holistic Healthcare Project, where she serves as a team leader, partnering with community representatives and medical interpreters and providing healthcare in the homes of Idaho’s underserved senior refugees. Most recently, Cosette has researched the best methods for providing health education to aging and traumatized patients and has prepared an educational presentation for healthcare providers to bring about awareness for this vulnerable population. Cosette will undoubtedly draw from her unique and varied experience and knowledge as she embarks on her career as a family nurse practitioner.

Dr. Brenda Williams Memorial Scholarship Recipients

In honor of Dr. Brenda Williams, a prominent Boise Physician, scholarships of \$1,425 each were awarded to Rachel Pierce, Thaona Garber and Rosa Eyton of the Idaho State University Accelerated Nursing Program.



Left to Right: Rachel Pierce, Thaona Garber and Rosa Eyton

School of Nursing: Featured People

International FLAIR

The School of Nursing is proving to be an international draw

Dr. Julius O. Kehinde, an Assistant Professor of nursing who was born in Oyo State, Nigeria, said he came to ISU because it is a distinguished research-focused institution and has the necessary resources needed to develop his program of research. Additionally, he said ISU also recognizes and provides an enabling environment for diversity. Kehinde, brings with him a diverse international background that is valuable to students and faculty.



“Although I have been a registered nurse in the United States for the past 14 years, my experience in other countries, including England and Nigeria, has given me a global perspective of what nursing is all about,” Kehinde said. “Nursing, regardless of its context, involves caring, compassion, and provision of quality care and these are what nurses all over the world strive for.”

He has found that ISU is an outstanding place to teach and do research.

“The best thing about teaching at ISU is the small-town feel, the sense of belonging here. Everyone works together toward common goals, and people are willing to help each other out,” Kehinde said.



Ms. Omotayo Omotowa, a Clinical Instructor and Simulation Lab Coordinator, was born in Nigeria. As a person of international descent and a minority, Omotowa is aware of the importance of cultural knowledge, skills, and attitudes. It is important to examine one’s own assumptions and refrain from being ethnocentric. Cultural awareness helps Omotowa to relate with colleagues and students at the university with sensitivity and empathy for human diversity. As a professional staff nurse, Omotowa’s background endows her to respect and see patients and other professionals as they see themselves and to provide compassionate care.

The adage that the world is becoming a village is more relevant to the United States institutions, politics, and policies. Hence, Omotowa is role-modelling to students and colleagues the need to be acceptable/ accommodating of other cultures as well as to work within others’ cultural context and avoid stereotyping and generalizations. In addition, she is encouraging and helping international scholars to seek for advance schooling at Idaho State University.

In addition, coming from a background that is characterized largely with custom and tradition of caring for the elderly within the family rather than through long term care facility, Omotowa’s experiential knowledge has motivated her interest in providing quality care for the older adults with better client-staff ratio. Likewise, using the knowledge of her other career in political science, Omotowa intends on being an advocate for older adults through the process of policy making and evaluation.

Omotowa is the type of person who is always interested in taking care of, and being there for others. Omotowa

(Continued on page 6)

School of Nursing: Featured People

International Flair

(Continued from page 5)

had the richly rewarding, privileged experience of “being there” for her grandmothers with compassion. Interestingly too, as a sixth grader, Omotowa had the ambition of being a nurse because one of her first cousins was, and is still, a nurse.

When asked why she chose ISU School of Nursing, Omotowa says that she chose ISU School of Nursing because her philosophy of nursing, professional development and career advancement are in congruent with the mission, vision and philosophy of the institution and nursing school.

Arin Akande, an international nursing student from Ibadan, Nigeria, said she decided to study nursing in the United States because of the resources available for learning.

“It’s amazing to see the tremendous amount of information and technology that is being used to teach nurses here in the United States in order to provide efficient knowledge that will be applicable in the real world of health care,” Akande said.

She chose ISU because the nursing school is recognized nationally and it is more affordable than the other nursing schools she reviewed before making her choice. Akande said her experience has been great.

“ISU has wonderful faculty as well as fellow nursing students who have diverse knowledge in various areas of health care and who are always willing to share ideas that will help us become better in our chosen nursing profession,” she said.

“The school is great, the atmosphere for learning is there, the people are warm, and everyone is looking out for each other to help achieve and attain the best knowledge possible during this period of our lives.”

Another student, Emmanuel Odoh from Lagos, Nigeria, decided on Nursing because of his affiliation and passion for it. And why USA?

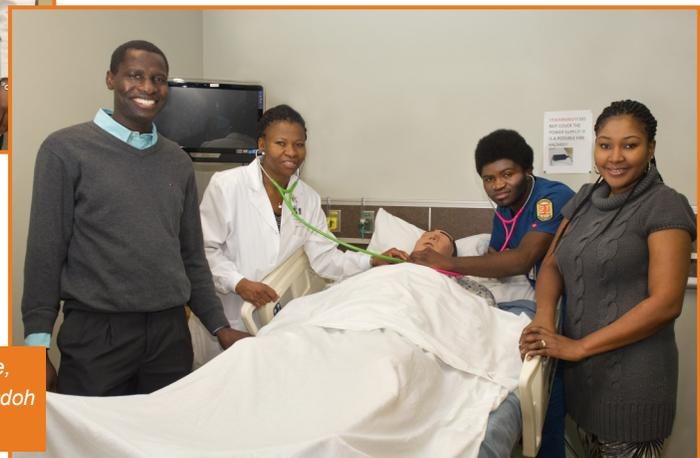
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Arin Akande



Left to Right: Arin Akande, Dr. Julius Kehinde, Emmanuel Odoh and Omotayo Omotowa



Left to Right: Dr. Julius Kehinde, Omotayo Omotowa, Emmanuel Odoh and Arin Akande

School of Nursing: Featured People

International Flair

(Continued from page 6)

"I have family here, so I still wanted to be connected with them after leaving my home country," Odoh said.



Emmanuel Odoh

Odoh says he chose ISU because

it is a great institution. He has heard people talk positively about ISU and its School of Nursing, including from his friends who are students.

ROTC and Nursing:

Helping Students Become Better Leaders

The Idaho State University School of Nursing meshes well with the Army Reserve Officers' Training Corps (ROTC) program since they both promote leadership and communication skills. There are currently four ISU nursing students who are participating in ROTC, according to Faith Tan, Administrative Assistant to the Dean in the School of Nursing.

These four students are juniors Colin Barney and Zane Amrein and seniors Nicole Bogdaniec and Meagan Elgan.

The students say being in both programs has enhanced their leadership and communication skills.

"ROTC gives you great leadership skills that translate well to the nursing world. In addition to leadership skills, ROTC forces you to interact with people from all walks of life," Bogdaniec said. "In nursing you will have patients from all areas of life, so being able to have the ability to interact effectively is definitely a plus."

Teaching good leadership and communication skills is one of the reasons the ROTC was first started in 1916. Today the ROTC hosts 273 different programs in schools all over the United States. There are more than 20,000 cadets currently enrolled in the ROTC program, 20 percent of whom are women.

The ROTC provides compensation to help pay students tuition as well as sought-after leadership and communication skills. The ROTC program at ISU is open to all students attending the University. As a freshman or sophomore there is no requirement from ROTC to join the Army after graduation, but for juniors or seniors, post-graduation enlistment into the Army is required.

The students mentioned that one of the reasons they chose this option for a degree was that it is portable and can be used for a lot of different fields and career choices. All of them said that they would go through both programs again.

"As hard as it was, I still think it shaped me into a competent leader and person," Bogdaniec said.

The hard work pays off, but has a price.

"I would definitely recommend it to others, but be warned it requires a lot of sacrifice and an immense commitment." Barney said.

For more information on ROTC programs visit goarmy.com. For more information about the nursing program at ISU, contact the ISU nursing department at (208) 282-2132 or profnurs@isu.edu, or contact Faith Tan, Administrative Assistant to the Dean at tanfait@isu.edu.

Thank You!

ISU held an employee recognition luncheon on Thursday, April 3. More than 100 employees were recognized for the longevity of their service. The School of Nursing's June Nilsson was recognized for her 10 years of service to ISU.

The School of Nursing thanks June for all she does for our faculty, staff and students.



June Nilsson

Research and Scholarship

Congratulations to Dean Nies and her research team on Pilot Grant funding of \$54,190

Congratulations to Dr. Nies, PI, and her research team, Drs. Force, Holmes, Peterson, Weber and Ms. Serr on Pilot Grant funding of \$54,190. Their Pilot Grant, "Spatial and Census Data to Evaluate Obese Persons and their Environment (SCOPE)", was selected for funding by the Mountain West Clinical Translation Research – Infrastructure Network (CTR-IN). The parent CTR-IN award is from NIH, National Institute of General Medical Sciences (NIGMS). Mountain West consists of Alaska, Hawaii, Idaho, Montana, Nevada, New Mexico and Wyoming.

Abstract: Utilizing Geographic Information Systems (GIS), SCOPE will identify and couple geospatial data elements necessary to evaluate the built environment (e.g. walking trails, parks, sidewalks, as well as food sources such as supermarkets and fast food restaurants) and its relationship to obesity in rural and urban areas.

Electronic medical records (EMR) data will be obtained from a multi-site federally qualified community health center that serves seven rural and urban communities in southeast Idaho. Geospatial data will be coupled with EMR of de-identified individuals and used to study factors that influence the health of residents of these communities. Multivariate geostatistical analyses of body mass index (BMI) with both demographic and geospatial data will be done to examine the factors associated with obesity.



Grant from Jonas Center for Nursing and ISU School of Nursing will fund scholarships of two doctoral nursing students

With a new grant of \$20,000 from the Jonas Center for Nursing and Veterans Healthcare, matched by \$20,000 from the ISU School of Nursing, Idaho State University will fund the scholarship of two doctoral nursing students in 2014. As a recipient of the Jonas Center grant, ISU is part of a national effort to stem the faculty shortage and prepare future nurses as America's health care system continues to evolve. The Idaho State University Jonas Scholars join nearly 600 future nurse educators and leaders at 110 schools supported by Jonas Center programs, the Jonas Nurse Leaders Scholars Program and Jonas Veterans Healthcare Program (JVHP). These scholarships support nurses pursuing Ph.D. and Doctor of Nursing Practice terminal degrees in the field.

"This award allows our school to prepare a greater number of future nurse faculty leaders," said Mary Nies, dean of the ISU School of Nursing.

The Jonas Center, the leading philanthropic funder for nursing, is addressing a critical need, evidenced by troubling data from the AACN showing that 2013 saw the lowest enrollment increase in professional RN programs in the past five years. This is due primarily to a shortage in qualified faculty.

"The call for more nurses - and thus the faculty to prepare them - is massive. Health care in America has never been more complex, yet tens of thousands of would-be nurses are turned away from the profession each year," said Donald Jonas, co-founder of the Jonas Center. "We've stepped up the pace and expanded our programs to meet this need.

"Addressing the faculty shortage is a critical need in nursing," he continued. "The Jonas Center grant will support nurses pursuing doctoral degrees."

Events

ISU Health Fair 2014

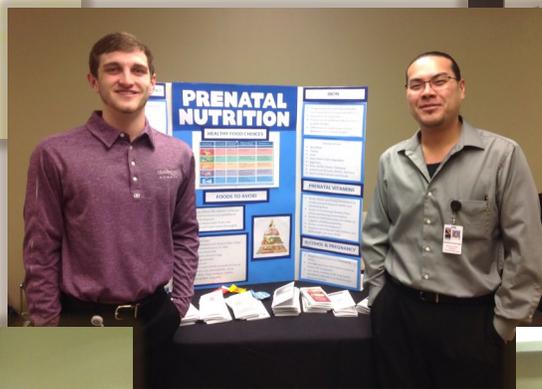
The Idaho State University Health Fair 2014 celebrated its 33rd year and featured more than 60 learning centers on a variety of health issues and blood draws.

New this year, ISU health groups offered a variety of comprehensive health screenings and informational services. Examples of screening available included:

- Foot exams by the School of Nursing included the health promotion of proper foot care, clipping and massage.
- College of Pharmacy screening centers offered a wide variety of services.
- Functional fitness testing by the ISU physical therapy department offered balance and fall-risk screening.
- Nutritional counseling by dietetics faculty and students.
- Physical exams by health education and promotion faculty and students.
- Mouth, head and neck screenings by dental hygiene.
- Hearing screenings by the communications sciences and disorders department.

Examples of other services offered at the fair included everything from body-fat screenings and tests of grip strength, to nervous system evaluations and home health and hospice information.

The annual free fair is sponsored by the ISU Division of Health Sciences and Portneuf Medical Center. It was held in the ISU Pond Student Union Ballroom.



Events

The Idaho State University Division of Health Sciences hosted a Research Symposium with the theme "Research Paradigms: Spanning the Spectrum" on March 14, concurrently at Pocatello and Meridian campuses.

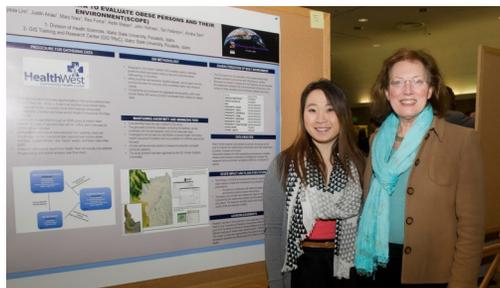
The symposium featured keynote speaker Dr. C. Scott Smith, MD, presenting "The Importance of Research for Better Health Outcomes, Education, and Policy".

The day included several interprofessional educational opportunities. Podium presentations by both faculty and students were telecast at both locations. Also included in this event were Round Table Presentations and Poster Presentations. The 73 poster presentations reflected over 200 faculty, student, and outside contributing authors. Approximately 450 people attended and participated at both campuses.

The School of Nursing had several participants in Pocatello and Meridian. Topics included: *Diffusion of the Dis-*

tress Management Guidelines into Nursing Practice, Susan Tavernier; Preparing Nursing Students for a Global Community, Kelly Pesnell; The effect of a mentorship program on newly hired registered nurses at S. Luke's Medical Center, Mary Anne Reynolds; STEM education, Sandie Nadelson; Preconception health education and website development for Brigham Young University-Idaho students, Kathleen Baron; Student proficiency: Documentation in the era of electronic health records, Susan Belliston; Revealing the invisible college of evidence-based practice in nursing, Mary Anne Reynolds; Interdisciplinary evaluation team: A model for interprofession education, Kathleen Baron; Interprofessional Collaborative Practice (ICP): Teams working together in Crisis Intervention Team (CIT) academies, Kim Jardine-Dickerson; Organizational

and environmental fall risk factors influencing fall rates in nursing homes, Julius Kehinde; Rural nursing leadership expertise through simulation, Deb Reiland.



Dean Nies with student Alyssa Lim



Deb Reiland presents her poster



Dr. Julius Kehinde and Dr. Kathleen Baron

Division of Health Sciences Research Day

Events

Idaho Nurse Educators Conference

“Leading Quality Nursing”

This year’s Idaho Nurse Educators Conference entitled "Leading Quality Nursing" was held at Idaho State University on March 6-7. A pre-conference evening reception was hosted at the ISU School of Nursing Wednesday evening, March 5, and a fun dinner outing was held at the Sand Trap restaurant on Thursday evening, March 6. The conference was a huge success, with educators attending from ten educational institutions and eight medical centers.

Left to Right: Dr. Kathleen Baron, Dean Mary Nies & Dr. Julius Kehinde at the INEC “Leading Quality Nursing” poster session hosted by ISU School of Nursing



Presentation by Keynote Speaker, Dr. Randall Hudspeth

Dean Nies with INEC keynote speaker and ISU School of Nursing alumni, Dr. Randall Hudspeth.



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