**IDAHO REAL CHOICES: RURAL HOSPITAL DISCHARGE MODEL**

**Idaho State University; Institute of Rural Health**

**Russell C. Spearman, M.ED.** [**spearuss@isu.edu**](mailto:spearuss@isu.edu)

**Debra L. Aubrey Ph.D.** [**aubrdebr@isu.edu**](mailto:aubrdebr@isu.edu)

**PROJECT GOALS:**

* **Goal 1: develop a sustainable PCHDP model for rural and underserved areas.**
* **Goal 2: enhance systems of information exchange statewide.**

**PROJECT RESOURCES: EVIDENCE BASED MODELS**

**Hospital Based Transition Models**

* + **Coleman’s Care Transitions Intervention** [**www.caretransitions.org**](http://www.caretransitions.org)
  + **Naylor *Transitional Care* Model -** [**www.transitionalcare.info**](http://www.transitionalcare.info)

**Primary Care Based Transition Model**

* + **Boult’s *Guided Care* Model** [**www.guidedcare.org**](http://www.guidedcare.org/)

**Randomized Study Utilizing Transition Model**

* + **Project RED (Re-engineered discharge)** [**www.bu.edu/fammed/projectred**](http://www.bu.edu/fammed/projectred)

**Care Transitions Resources and Technical Assistance**

* + **BOOST (Better Outcomes for Older Adults through Safe Transitions)** www.hospitalmedicine.org/**BOOST**/

**FOR FURTHER INFORMATION:**

* **Visit our website at** [**https://www.idahohdm.org**](https://www.idahohdm.org)
* **Contact Russell Spearman or Debra Aubrey at the emails noted above.**

**Waves.jpg**