

IDAHO STATE UNIVERSITY
DEPARTMENT OF HEALTH AND NUTRITION
SCIENCES

DIDACTIC STUDENT IN DIETETICS (DPD)
HANDBOOK

2009-2010



August 25, 2009

Dear ISU Dietetic Student,

Congratulations on being accepted into the DPD portion of the dietetics program at Idaho State University. This DPD Handbook has been developed to provide specific program information. After reading this handbook, sign the statement on the last page of the handbook to indicate your understanding of the contents and that you agree to abide by the policies. Return this signed statement to the MNT Lab Instructor as soon as possible. It will be placed in your student file that is maintained in the Department of Health and Nutrition Sciences. Thank you for your cooperation. You should also review the ISU Student Handbook which is available through the ISU web page.

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DPD Director
Clinical Associate Professor**

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Introduction to the Didactic Program in Dietetics Idaho State University

The University

Idaho State University (ISU) is a broad-based regional public doctoral university, providing a broad range of educational services to a culturally diverse population of students and to the state. The university serves as Idaho's lead institution for education in the health professions and related biological and physical sciences. ISU delivers statewide comprehensive academic programming, professional continuing education, basic and applied research, and specialized public service in the health sciences. ISU is accredited by the Northwest Association of Schools and Colleges.

The Kasiska College of Health Professions (KCHP) is the home for most of the health programs offered at ISU. KCHP has a mission statement that is multifaceted. The primary responsibility is the enhancement of the quality of life of the residents of Idaho and the greater community through the education of students in the health care professions. This is facilitated through excellence in research, community service, teaching and the application of technology.

The following are the departments within the KCHP which offer a variety of health related degrees (associate, bachelors and masters): Communication Sciences, Disorders, and Education of the Deaf, Counseling, Dental Hygiene, Dental Science, Family Medicine, Health and Nutrition Sciences, Health Care Administration, Institute of Rural Health, Nursing, Physical and Occupational Therapy, Physician Assistant Studies, and Radiographic Science.

History of the Dietetics Programs at ISU

ISU began offering a Bachelor of Science degree in Dietetics in 1974. This program is now referred to as the Didactic Program in Dietetics (DPD). The program was offered through the Department of Home Economics in the College of Education. In 1993, the dietetics program merged with the health education program to form the Department of Health and Nutrition Sciences and was moved to the College of Health Professions (now called the Kasiska College of Health Professions) where the department still resides.

The Department of Health and Nutrition Sciences (HNS) has a mission which reflects both that of the university and the KCHP. Both health education and dietetics faculty are committed to preparing students to work with individuals and groups for the betterment of health and nutrition. Teaching, research and service continue to be pursued, keeping faculty

on the cutting edge of their respective professions. Degreed programs within HNS are Masters of Public Health and Masters of Health Education, a dietetic internship, undergraduate program (B.S. or B.A.) in Health Education and undergraduate program (B.S.) in Dietetics, a minor in health education and a Wellness Center.

The mission of HNS is twofold. The primary responsibility is to educate students through didactic and practical experience in the fields of health education, wellness, and nutrition. The goal is to prepare students who will be adaptable and flexible in understanding and interpreting the complex problems and situations encountered by the trained health professional. A second, but no less important function, is to provide on going resources, services and training for citizens at the local, state, regional and national levels in the areas of health education and nutrition.

In 1991, ISU was accredited for an AP4 program. The program later became an accredited internship. Today the internship has expanded to a second site in Boise, Idaho. The internship runs for one academic year. Beginning in August, 2008, there will be fifteen seats available between the two internships. Many ISU DPD graduates apply for these seats to remain in Idaho due to cost and family obligations. Idaho residents are given a slight preference for these seats. This practice is encouraged by the KCHP in an effort to encourage Idaho health professionals to remain in the state. Most ISU graduates are employed in Idaho. Other graduates are working in California, Nevada, Minnesota, Utah, New York, Oregon and Arizona. Representatives from the major employers in Southeast Idaho are members of the ISU Dietetics Advisory Committee (DAC). Many ISU graduates also serve as preceptors to the current DPD students.

The DPD at ISU

Students are eligible to apply to for a seat in the professional component of the after the following requirements have been met: 1) 3.0 accumulative grade-point-average or above, 2) completion of the majority of the ISU General Education Requirements, 3) completion with a C or higher of several basic science, food, nutrition and English classes. (See Appendix A or the ISU undergraduate catalog for a listing of classes). Applicants must complete the DPD application, write a letter of application, submit transcripts from all colleges and universities attended outside of ISU and pay an application fee of \$20. Applications are accepted in the spring for admittance to the fall classes. Students may continue to take most dietetics classes, with the exception of the Medical Nutrition Therapy (MNT) classes, without being accepted into the program. A student must, however, be accepted into the program and complete all of the required classes (including MNT) in order to receive a B.S. in Dietetics and a Verification Statement needed for admittance to a dietetic internship.

The DPD at ISU is considered a general program as it is designed to provide experiences in clinical, community, and administrative dietetics. Courses and laboratory experiences are designed to meet the Foundation Knowledge and Skills developed by the Commission on Accreditation for Dietetics Education (CADE) of the American Dietetic Association (ADA). See Appendix B for a comprehensive list of the Foundation Knowledge and Skills.

DPD ACCREDITATION

The ISU DPD is accredited by the Commission on Accreditation for Dietetics Education (CADE) of the American Dietetic Association (ADA), 120 South Riverside Plaza Suite 2000, Chicago, IL 60606-6995, (800) 877-1600. Accreditation is good for 10 years with a required 5 year interim report. The ISU DPD at has been accredited through 2018.

PHILOSOPHY, MISSION AND GOALS OF THE IDAHO STATE UNIVERSITY DIDACTIC PROGRAM IN DIETETICS

The philosophy of the Idaho State University Dietetics Program has been, since its inception, to educate individuals through didactic training and practical experiences in the field of dietetics, and to develop visionary and competent individuals who will be able to understand and to solve complex problems encountered by the professional dietitian. Practical experiences are incorporated in both lecture and laboratory courses in medical nutrition therapy, foodservice systems management and community nutrition.

The mission of the DPD program at Idaho State University is to provide courses for students to earn a Baccalaureate degree which prepares students to enter into, and to successfully complete an accredited dietetic internship.

The following goals reflect the mission and philosophy of the ISU DPD program and are the basis for program evaluation and effectiveness.

- I. Prepare students to perform competently in a dietetics supervised practice program in preparation to be an entry-level dietitian
- II. Provide didactic and field experiences for students by continuing cooperative relationships with community, clinical and foodservice management dietitians, other health care professionals and administrators in order to prepare graduates to work in the current health-care environment and in industry.

- III. Provide recruitment and guidance counseling for high school and college students who are interested in the profession of dietetics, as well as retain and mentor excellent students who are in the program.

STEPS TO BECOMING A REGISTERED DIETITIAN (R.D.)

The steps to become a registered dietitian include the requirements of the DPD, the B.S. degree in dietetics, dietetic internship and the registration exam. Students are encouraged to attend a seminar on applying for internships a year before they intend on graduating. The seminars are offered every semester by dietetics faculty. Upon successful completion of a dietetic internship, the student will be verified as eligible to take the registration examination through the Commission on Dietetics Registration (CDR). In addition, licensure or certification is required for practice in most states.

IMMUNIZATIONS REQUIREMENTS

Students must be screened for tuberculosis (TB) and provide documentation of vaccination against (1) hepatitis B (all 3 shots or proof of beginning the series), and (2) mumps, measles, and rubella (MMR) prior to beginning the first Medical Nutrition Therapy (MNT) laboratory experience. Proof of screening and vaccinations (within the last year) should be given to the MNT Lab instructor. See Appendix C for a list of locations and costs for immunizations and screenings in the Pocatello area. Students who are 35 years or older do not need the MMR vaccine.

MALPRACTICE INSURANCE

Personal liability insurance must be purchased by each student prior to beginning laboratory rotations. Insurance can be purchased at the Cashier's Office located in the Administration Building. The cost is approximately \$15.00 for the academic year. Proof of malpractice must be turned in to the course instructors requiring the insurance. One policy covers all laboratory courses for the academic year.

HEALTH INSURANCE

A health insurance policy is included in tuition payments; dietetic students may request a refund as long as they are insured under another policy.

GRADUATION REQUIREMENTS

Students planning to graduate should apply for graduation at least one semester before all requirements are completed. A graduation/diploma fee must be paid at the Office of Registration and Records. Upon successful completion of the undergraduate program requirements, students receive a B.S. degree in Dietetics from the Department of Health and Nutrition Sciences in the Kasiska College of Health Professions. General university goals for the B.S. degree and 128 credits must be completed as well.

DISCIPLINARY/TERMINATION PROCEDURES

1. Students caught cheating on exams and/or assignments or plagiarizing the work of others will be dismissed from the program.
2. Breaching confidentiality in any of the facilities is grounds for dismissal from the program.
3. Any violation of the ISU Student Code of Conduct is grounds for dismissal. See ISU Student Handbook for details.

GRIEVANCE PROCEDURE

Students with concerns about the program should first attempt to discuss the concern with their advisor or the DPD director. If the student wishes to file an official grievance, they should refer to the procedures outlined in the ISU Student Handbook.

ISSUING OF VERIFICATION STATEMENTS

The DPD at Idaho State University culminates in a Bachelor of Science degree with successful completion of a minimum of 128 credit hours with 36 credit hours coming from upper division courses. The DPD defines successful completion as a C or better in required courses. The program director will issue a verification statement to students upon conferred graduation, as posted by the university registrar, indicating that requirements have been met as dictated by the Commission on Accreditation of Dietetic Education (CADE) of the American Dietetic Association. The several copies of the verification statement with original signatures from the program director are sent to the graduate along with directions for use. A copy of the verification statement with an original signature from the program director is also kept in the student's file indefinitely.

The verification statement is required for admission to a supervised practice program and must accompany the application to take the national registry exam. A Declaration of Intent form will be provided by the program director for students applying for supervised practice

experiences prior to when coursework is completed.

Students with a prior degree from another institution who request a verification statement are evaluated on a case-by-case basis. The requesting student must provide official transcripts and course syllabi to the program director for review. Once the evaluation is completed, the program director will provide the requesting student with written guidelines that must be met in order for the verification statement to be issued. Guidelines may include additional coursework, individualized study, and repetition of major courses if based upon recency of completion.

DIETETIC STUDENT RESPONSIBILITIES AND ETHICS

The ethics of the profession of dietetics include a sense of moral value regarding standards of practice, knowledge of responsibilities, and rules of conduct based upon human relations. Students can facilitate his/her professional and personal adjustments by assuming responsibilities for the following areas:

A. Responsibilities to Himself/Herself

1. To learn through application, experience, and experimentation.
2. To think critically.
3. To solve problems with minimum guidance through logical methods.
4. To evaluate or assess learning experiences based on stated and personal objectives.

B. Responsibility to the Patient

1. The client's welfare is the student's prime objective.
2. The student should respect information of a confidential nature regarding the client.
3. An attitude of objective, professional, and sincere interest should be maintained toward the client.
4. The student should consult with his or her instructor or preceptor concerning patient encounters, including patient dietary instructions, and imparting information to the patient regarding that patient's disease process, prognosis, and drugs.
5. Information imparted to patients should be limited to one's professional area. The student should not assume the role of a social worker, psychologist, occupational therapist, physical therapist, physician, nurse, etc.

C. Responsibility to the Physician

1. The student should treat the patient under the direction of his or her instructor or preceptor and in collaboration with qualified physicians.
2. The student should maintain and encourage the patient's confidence in the physician and other personnel.

D. Responsibility to the Institution

1. The student should accept and abide by the rules of the institution, which is providing clinical experience.
 - a. Rules and regulations vary from one institution to another.
 - b. When information regarding policies is insufficient or unclear, it is necessary for the student to ask questions.
2. The student should respect information of a confidential nature regarding the institution.
3. Punctuality is an obligation and an essential factor of good human relations. Be on time. Telephone the instructor or preceptor if you will be late or absent.
4. Loyalty to the institution during term of affiliation is expected.
5. Institution materials and equipment should be cared for and respected.

E. Responsibility to the Department and Co-workers

1. Supervision is a two-way communication process. The student can hasten his/her progress by a thoughtful use of supervision, particularly in the following areas:
 - a. Request guidance when necessary by asking pertinent questions.
 - b. b. Contribute to the overall functioning of the department by using personal resources and those available at the department.
 - c. Complete assignments and experiences carefully and share ideas regarding change with the instructor or preceptor.
 - d. Observe proper channels of procedure regarding suggestions, criticism, and grievances.
2. Addressing of patients and superiors should be consistent with department policies.
3. Personal appearance has a direct bearing upon professional relationship with personnel and patients. Neatness and conservation are important considerations.
4. The uniform recommended by the school and institution should be worn during affiliations.
5. The student has a responsibility to be a good example in attitude, behavior, and professional performance, especially when dealing with hospital personnel and visitors.

F. Responsibility to the Profession and Professional Organization

1. Each student should realize that he/she is a contributing factor in the growth of the profession. The student is committed to uphold its dignity and honor.
2. The American Dietetic Association and the individual State or District Regional Associations, through their combined effort, represent the organized strength from which stems the status of the dietitian. By joining these associations, the student gives support and demonstrates interest. Membership is strongly recommended for both the American Dietetic Association and the Idaho Dietetic Association.
3. The American Dietetic Association maintains a Code of Ethics to govern the actions of its members. See Appendix D or visit the ADA website
4. The Student Dietetics Club is a very active professional organization for students interested in the field of dietetics. They have regular meetings and activities that support the field of dietetics. You are encouraged to participate in this organization.

G. Responsibility to the Community

1. The student has the opportunity during his/her affiliation to learn about available community resources.
2. The community is the home of future dietitians. The student can contribute to recruitment by example and orientation of interested persons to dietetics.
3. The hospital furnishes a service to the community; therefore, community members deserve a courteous reception.

H. Responsibility to Peers

1. The student will be supportive of peers in group activities.
2. Students will demonstrate professional ethics by giving credit for peer contributions.

I. Travel

1. Liability for safety in travel to and from assigned rotation sites will rest on the individual student.
2. In no way does the Department of Health and Nutrition Sciences or Idaho State University assume liability for students for safety in travel to and from assigned laboratory rotation sites.

LABORATORY AND CLINICAL CONDUCT AND RESPONSIBILITY

Attendance

Students will go to the area of assignment at the scheduled time. It is the student's responsibility to request and schedule adjustments previous to scheduling. If unable to appear at scheduled time, call the area of assignment to report your absence and call the instructor or preceptor. Rescheduling of assignments should be made with the instructor and the clinical facility staff.

Dress

Wear professional, conservative clothing. Men are not required to wear a tie, but should wear shirts with a collar. A standard name tag should be worn at all times when in facilities. The first name tag will be provided to you by the program. Additional tags will be at the expense of the student. A clean white uniform or lab coat is optional. Professional attire should be worn under the lab coat (no jeans or sweat shirts, mini skirts, leggings, low-cut blouses, or tank tops). No perfume or strong fragrances should be worn. Enclosed shoes with rubber or crepe soles must be worn in food service rotations. Hair must be restrained according to facility policy when in food preparation areas. In food preparation areas no large jewelry (rings, earrings, bracelets) or fingernail polish should be worn. Nails should be clean and short. Socks or stockings must be worn in shoes.

Personal Hygiene

Students will follow sanitary practices in the clinical facilities. Wash hands with soap and water before working with food. Wash hands after working in a soiled area before working with food. Wash hands after going to the toilet or using a handkerchief before handling food again. Avoid touching hair or face while working with food; wash hands after each contact. Visible piercing jewelry may not be worn any place other than the ears during the rotations.

Food Handling

Correct methods of tasting must be followed when tasting food at ALL times. Spoons and a rubber spatula used for blending or stirring ingredients are not to be licked. The two spoon method for tasting is best to follow. A spoon or fork placed in the mouth must be washed or put in soiled area immediately.

Personal Conduct

Students are expected to assume responsibility for their own behavior at all times. Refer to Idaho State University Student Handbook Student Code of Conduct and Disciplinary Procedures.

Illness or Injury at the Facility

If the student experiences an injury, illness, or other adverse event while in rotation at a facility, neither the university nor the facility is responsible or liable to provide compensation or medical treatment for the student. The student is responsible for any costs incurred.

Absences

Classes, laboratory or practicum experiences that are missed due to injury, illness or family emergency must be made up at the discretion of the instructor. The student must call the instructor before 8:00 a.m. in the event of absence if at all possible. If the instructor can't be contacted prior to class, the student must make every effort to get a hold of the instructor as soon as possible.

PROGRAM COST

The following is an estimation of program cost to the individual student. Figures are for the full academic year if not otherwise noted.

Application fee for admission to the DPD \$20

Tuition:

In-State \$2,484.00* / Semester + Insurance*
Out-of-State \$7,385.00*/ Semester + Insurance*

*(Currently, full-time students are required to pay a health insurance premium of \$647.00 per semester as part of full-time fees. Premiums have not been included in the above fee estimates.)

Lab fees \$50/semester per lab course

Lab Coat (optional) \$40

Books and Supplies: \$500.00-800.00

Health Screen and Immunizations: see appendix

Malpractice Insurance: \$15

Professional Membership in ADA \$50
(includes automatic IDA membership)

The figures quoted above are estimates of actual program expenses as of Fall, 2009. Actual cost may be more or less than estimates. Housing, transportation and personal living expenses have not been included as these often vary considerably between individuals.

Idaho State University-Department of Health and Nutrition Sciences

B.S. Dietetics

(Didactic Program in Dietetics Curriculum)

Name _____ Bengal ID _____

Catalog Year _____ G.P.A. _____ Transfer _____ Advisor _____

Students electing the Dietetics major must fulfill the university general education requirements for a B.S. degree plus the required dietetic courses and additional electives to total 128 credits.

Students majoring in Dietetics must pay careful attention to the prerequisite courses required as well as other specific courses required to fulfill the university general requirements. NTD prefix courses must be taken in the sequence shown unless approved by advisor. * Only offered in semester indicated.

Students should meet with their advisor at least once every semester to ensure correct scheduling of course work.

Suggested Sequence Of Courses

Year One-Pre-Dietetics

Fall	Course	Credit	Grade	Spring	Course	Credit	Grade
ENGL 101	English Comp	3		PSCY 101	General Psychology	3	
CHEM 101*	Essen of Chemistry I	3		CHEM 102*	Essen of Chemistry II	3	
COMM 101	Prin of Speech	3		CHEM 103*	Essen Chem Lab	1	
NTD 104*	Foods	3		BIOL 101	Biology I	4	
MATH 143	College Algebra	3		NTD 204*	Meal Management	2	
				G6, 7 or 8		3	
Total		15				16	

Year Two-Pre-Dietetics

Fall	Course	Credit	Grade	Spring	Course	Credit	Grade
SOC 101	Intro Sociology	3		ECON 201	Macro Economics	3	
ENG 102	Critical Reading & Writing	3		NTD 239	Nutrition	3	
BIOL 221	Intro Micro-biology	3		MATH 253	Statistics	3	
BIOL 221L	Intro Micro Lab	1		BIOL 302*	Anatomy & Phys II	4	
BIOL 301*	Anatomy & Phys I	4		HE/HCA 210	Medical Terminolgy	2	
G9, 10A, or 10B		3		G6, 7, or 8		3	
Total		17				18	

Apply for DPD in spring of Year Two. Application deadline is February 15th.

Over for Year Three and Year Four Suggested Schedule and Goal check off

Year Three-DPD Curriculum

Fall	Course	Credit	Grade	Spring	Course	Credit	Grade
ACCT 201	Principles of Acct	3		MGT 312	Ind & Org Behavior	3	
NTD 300*	MNT I	3		NTD 301*	MNT II	3	
NTD 300L*	MNT I Lab	2		NTD 301L*	MNT II Lab	2	
NTD 312*	Quantity Foods	2		NTD 410*	Foodservice Systems Mgt	3	
NTD 312L*	Quantity Foods Lab	1		NTD 410L*	FSSM Lab	2	
NTD 360*	Nutrition through Lifecycle	3					
Electives		2		Electives		3	
Total		16				16	

Year Four-DPD Curriculum

Fall	Course	Credit	Grade	Spring	Course	Credit	Grade
NTD 407*	Prin of Comm Nutrition	3		NTD 408*	App in Community Nutrition	3	
NTD 457*	Experimental Foods	3		NTD 470*	Senior Seminar	2	
NTD 461*	Nutritional Biochem I	3		NTD 485*	Nutritional Biochem II	3	
Electives		7		Electives		7	
Total		16				15	

Goal Course Requirements Check Off

- _____ **Goal 1 English Composition** - 3 Credits ENGL 101 or passing score on proficiency exam and ENGL 102
- _____ **Goal 2 Spoken English** – 3 Credits COMM 101
- _____ **Goal 3 Mathematics** – 3-4 Credits MATH 143 or...Satisfactory score on placement exam and 3 credits MATH 253
- _____ **Goal 4 Biological Science** – 4 Credits Dietetics majors meet goal with BIOL 101, 221, 223, 301, 302
- _____ **Goal 5 Physical Science** – 4 Credits Dietetics majors meet goal with CHEM 101, 102, 103
- _____ **Goal 6 Fine Arts** – 3 Credits MUSC 100, 106, 108, ART 100, 101, 102, DANC 105, 205, ENGL 126, THEA 101
- _____ **Goal 7 Literature** – 3 Credits ENGL 110, 115, 257, 258
- _____ **Goal 8 Philosophy** – 3 Credits PHIL 101, 103
- _____ **Goal 9 U.S. History and Culture** – 3 Credits HIST 111, 112, 118, AMST 200
- _____ **Goal 10A Culture other than U.S.** – 3 Credits ANTH 237, 238, 239, CMLT 207, 208, 209 HIST 101, 102, 251, 252, 254, 255
- _____ **Goal 10B Foreign Language**: ANTH/SHOS 101-102, ARBC 101-102, CHNS 101-102, FREN 101-102, GERM 101-102, JAPN 101-102, LATN 101-102, RUSS 101-102, SPAN 101-102, ANTH/SHOS 201-201, ARBC 201-202, CHNS 201-202, FREN 201-202, GERM 201-202, JAPN 201-202, LATN 201-202, RUSS 201-202, SPAN 201-202
- _____ **Goal 11 Political or Economic Organization** – 3 Credits ECON 201
- _____ **Goal 12 Functioning of People in Society** – 3 Credit Dietetics majors meet goal with PSYC 101, SOC 101

Revised 8/20/09

APPENDIX B
ELIGIBILITY REQUIREMENTS AND ACCREDITATION STANDARDS
DIDACTIC PROGRAM IN DIETETICS July 2008

(Taken from **APPENDIX A: Foundation Knowledge Requirements and Learning Outcomes for Didactic Program in Dietetics. Visit the following web site for more information:** http://www.eatright.org/cps/rde/xchg/ada/hs.xsl/CADE_17880_ENU_HTML.htm)

1: Scientific and Evidence Base of Practice: integration of scientific information and research into practice

KR 1.1. The curriculum must reflect the scientific basis of the dietetics profession and must include research methodology, interpretation of research literature and integration of research principles into evidence-based practice.

KR 1.1.a. Learning Outcome: Students are able to demonstrate how to locate, interpret, evaluate and use professional literature to make ethical evidence-based practice decisions.

KR 1.1.b. Learning Outcome: Students are able to use current information technologies to locate and apply evidence-based guidelines and protocols, such as the ADA Evidence Analysis Library, Cochrane Database of Systematic Reviews and the U.S. Department of Health and Human Services, Agency for Healthcare Research and Quality, National Guideline Clearinghouse Web sites.

2: Professional Practice Expectations: beliefs, values, attitudes and behaviors for the professional dietitian level of practice.

KR 2.1. The curriculum must include opportunities to develop a variety of communication skills sufficient for entry into pre-professional practice.

KR 2.1.a. Learning Outcome: Students are able to demonstrate effective and professional oral and written communication and documentation and use of current information technologies when communicating with individuals, groups and the public.

KR 2.1.b. Learning Outcome: Students are able to demonstrate assertiveness, advocacy and negotiation skills appropriate to the situation.

KR 2.2. The curriculum must provide principles and techniques of effective counseling methods.

KR 2.2.a. Learning Outcome: Students are able to demonstrate counseling techniques to facilitate behavior change.

KR 2.3. The curriculum must include opportunities to understand governance of dietetics practice, such as the ADA Scope of Dietetics Practice Framework, the Standards of Professional Performance and the Code of Ethics for the Profession of Dietetics; and interdisciplinary relationships in various practice settings.

KR 2.3.a. Learning Outcome: Students are able to locate, understand and apply established guidelines to a professional practice scenario.

KR 2.3.b. Learning Outcome: Students are able to identify and describe the roles of others with whom the Registered Dietitian collaborates in the delivery of food and nutrition services.

3: Clinical and Customer Services: development and delivery of information, products and services to individuals, groups and populations

KR 3.1. The curriculum must reflect the nutrition care process and include the principles and methods of assessment, diagnosis, identification and implementation of interventions and strategies for monitoring and evaluation.

KR 3.1.a. Learning Outcome: Students are able to use the nutrition care process to make decisions, to identify nutrition-related problems and determine and evaluate nutrition interventions, including medical nutrition therapy, disease prevention and health promotion.

KR 3.2. The curriculum must include the role of environment, food, nutrition and lifestyle choices in health promotion and disease prevention.

KR 3.2.a. Learning Outcome: Students are able to apply knowledge of the role of environment, food and

lifestyle choices to develop interventions to affect change and enhance wellness in diverse individuals and groups

KR 3.3. The curriculum must include education and behavior change theories and techniques.

KR 3.3.a. Learning Outcome: Students are able to develop an educational session or program/educational strategy for a target population.

4: Practice Management and Use of Resources: strategic application of principles of management and systems in the provision of services to individuals and organizations

KR 4.1. The curriculum must include management and business theories and principles required to deliver programs and services.

KR 4.1.a. Learning Outcome: Students are able to apply management and business theories and principles to the development, marketing and delivery of programs or services.

KR 4.1.b. Learning Outcome: Students are able to determine costs of services or operations, prepare a budget and interpret financial data.

KR 4.1.c. Learning Outcome: Students are able to apply the principles of human resource management to different situations

KR 4.2. The curriculum must include content related to quality management of food and nutrition services.

KR 4.2.a. Learning Outcome: Students are able to apply safety principles related to food, personnel and consumers.

KR 4.2.b. Learning Outcome: Students are able to develop outcome measures, use informatics principles and technology to collect and analyze data for assessment and evaluate data to use in decision-making

KR 4.3. The curriculum must include the fundamentals of public policy, including the legislative and regulatory basis of dietetics practice.

KR 4.3.a. Learning Outcome: Students are able to explain the impact of a public policy position on dietetics practice.

KR 4.4. The curriculum must include content related to health care systems.

KR 4.4.a. Learning Outcome: Students are able to explain the impact of health care policy and administration, different health care delivery systems and current reimbursement issues, policies and regulations on food and nutrition services

5. Support Knowledge: knowledge underlying the requirements specified above.

SK 5.1. The food and food systems foundation of the dietetics profession must be evident in the curriculum. Course content must include the principles of food science and food systems, techniques of food preparation and application to the development, modification and evaluation of recipes, menus and food products acceptable to diverse groups.

SK 5.2. The physical and biological science foundation of the dietetics profession must be evident in the curriculum. Course content must include organic chemistry, biochemistry, physiology, genetics, microbiology, pharmacology, statistics, nutrient metabolism, and nutrition across the lifespan.

SK 5.3. The behavioral and social science foundation of the dietetics profession must be evident in the curriculum. Course content must include concepts of human behavior and diversity, such as psychology, sociology or anthropology.

APPENDIX C

WHERE TO GET IMMUNIZATIONS

Student Health Center: 282-2330

ISU student insurance does not pay for any of the immunizations or any other preventative treatment. No appointment necessary. Prices are approximate as of 8/20/09.

Hepatitis B (3 shots).....	\$36/per shot
Dip tetanus	\$27
DTAP	\$48
Varicella (chicken pox) titer.....	\$30 + \$9 draw fee
Varicella booster.....	n/a
Rubella titer (don't carry shots).....	\$18 + \$9 draw fee
TB Skin Test.....	\$15
MMR	n/a

Southeastern District Health Department: 233-9080

Appointments required. Morning scheduling in advance. Afternoon scheduling same day scheduling. Please call for price information.

Other options:

- **Private Physicians or clinics**

APPENDIX D

Taken from:

http://www.eatright.org/cps/rde/xchg/ada/hs.xsl/governance_779_ENU_HTML.htm
ADA Code of Ethics

(Note: The ADA Code of Ethics will go into effect on January 1, 2010

http://eatright.org/ada/files/COE_09.pdf)

Code of Ethics for the Profession of Dietetics as published in the January 1999 Journal of The American Dietetic Association

The American Dietetic Association and its Commission on Dietetic Registration have adopted a voluntary, enforceable code of ethics. This code, entitled the Code of Ethics for the Profession of Dietetics, challenges all members, registered dietitians, and dietetic technicians, registered, to uphold ethical principles. The enforcement process for the Code of Ethics establishes a fair system to deal with complaints about members and credentialed practitioners from peers or the public.

The first code of ethics was adopted by the House of Delegates in October 1982; enforcement began in 1985. The code applied to members of The American Dietetic Association only. A second code was adopted by the House of Delegates in October 1987 and applied to all members and Commission on Dietetic Registration credentialed practitioners. A third revision of the code was adopted by the House of Delegates on October 18, 1998, and enforced as of June 1, 1999, for all members and Commission on Dietetic Registration credentialed practitioners.

The Ethics Committee is responsible for reviewing, promoting, and enforcing the Code. The Committee also educates members, credentialed practitioners, students, and the public about the ethical principles contained in the Code. Support of the Code of Ethics by members and credentialed practitioners is vital to guiding the profession's actions and to strengthening its credibility.

Preamble

The American Dietetic Association and its credentialing agency, the Commission on Dietetic Registration, believe it is in the best interest of the profession and the public it serves to have a Code of Ethics in place that provides guidance to dietetics practitioners in their professional practice and conduct. Dietetics practitioners have voluntarily adopted a Code of Ethics to reflect the values and ethical principles guiding the dietetics profession and to outline commitments and obligations of the dietetics practitioner to client, society, self, and the profession.

The Ethics Code applies in its entirety to members of The American Dietetic Association who are Registered Dietitians (RDs) or Dietetic Technicians, Registered (DTRs). Except for sections solely dealing with the credential, the Code applies to all members of The American Dietetic Association who are not RDs or DTRs. Except for aspects solely dealing with membership, the Code applies to all RDs and DTRs who are not members of The American Dietetic Association. All of the aforementioned are referred to in the Code as "dietetics practitioners." By accepting membership in The American Dietetic Association and/or accepting and maintaining Commission on Dietetic Registration credentials, members of The American Dietetic Association and Commission on Dietetic Registration credentialed dietetics practitioners agree to abide by the Code.

Principles

1. The dietetics practitioner conducts himself/herself with honesty, integrity, and fairness.
2. The dietetics practitioner practices dietetics based on scientific principles and current information.
3. The dietetics practitioner presents substantiated information and interprets controversial information without personal bias, recognizing that legitimate differences of opinion exist.
4. The dietetics practitioner assumes responsibility and accountability for personal competence in practice, continually striving to increase professional knowledge and skills and to apply them in practice.
5. The dietetics practitioner recognizes and exercises professional judgment within the limits of his/her qualifications and collaborates with others, seeks counsel, or makes referrals as appropriate.
6. The dietetics practitioner provides sufficient information to enable clients and others to make their own informed decisions.
7. The dietetics practitioner protects confidential information and makes full disclosure about any limitations on his/her ability to guarantee full confidentiality.
8. The dietetics practitioner provides professional services with objectivity and with respect for the unique needs and values of individuals.
9. The dietetics practitioner provides professional services in a manner that is sensitive to cultural differences and does not discriminate against others on the basis of race, ethnicity, creed, religion, disability, sex, age, sexual orientation, or national origin.
10. The dietetics practitioner does not engage in sexual harassment in connection with professional practice.
11. The dietetics practitioner provides objective evaluations of performance for employees and coworkers, candidates for employment, students, professional association memberships, awards, or scholarships. The dietetics practitioner makes all reasonable effort to avoid bias in any kind of professional evaluation of others.
12. The dietetics practitioner is alert to situations that might cause a conflict of interest or have the appearance of a conflict. The dietetics practitioner provides full disclosure when a real or potential conflict of interest arises.
13. The dietetics practitioner who wishes to inform the public and colleagues of his/her services does so by using factual information. The dietetics practitioner does not advertise in a false or misleading manner.
14. The dietetics practitioner promotes or endorses products in a manner that is neither false nor misleading.
15. The dietetics practitioner permits the use of his/her name for the purpose of certifying that dietetics services have been rendered only if he/she has provided or supervised the provision of those services.
16. The dietetics practitioner accurately presents professional qualifications and credentials.
 - a. The dietetics practitioner uses Commission on Dietetic Registration awarded credentials ("RD" or "Registered Dietitian"; "DTR" or "Dietetic Technician, Registered"; "CSP" or "Certified Specialist in Pediatric Nutrition"; "CSR" or "Certified Specialist in Renal Nutrition"; and "FADA" or "Fellow of The American Dietetic Association") only when the credential is current and authorized by the Commission on Dietetic Registration. The dietetics practitioner provides accurate information and complies with all requirements of the Commission on Dietetic Registration program in which he/she is seeking initial or continued credentials from the Commission on Dietetic Registration.

- b. The dietetics practitioner is subject to disciplinary action for aiding another person in violating any Commission on Dietetic Registration requirements or aiding another person in representing himself/herself as Commission on Dietetic Registration credentialed when he/she is not.**
- 17. The dietetics practitioner withdraws from professional practice under the following circumstances:**
 - a. The dietetics practitioner has engaged in any substance abuse that could affect his/her practice;**
 - b. The dietetics practitioner has been adjudged by a court to be mentally incompetent;**
 - c. The dietetics practitioner has an emotional or mental disability that affects his/her practice in a manner that could harm the client or others.**
- 18. The dietetics practitioner complies with all applicable laws and regulations concerning the profession and is subject to disciplinary action under the following circumstances:**
 - a. The dietetics practitioner has been convicted of a crime under the laws of the United States which is a felony or a misdemeanor, an essential element of which is dishonesty, and which is related to the practice of the profession.**
 - b. The dietetics practitioner has been disciplined by a state, and at least one of the grounds for the discipline is the same or substantially equivalent to these principles.**
 - c. The dietetics practitioner has committed an act of misfeasance or malfeasance which is directly related to the practice of the profession as determined by a court of competent jurisdiction, a licensing board, or an agency of a governmental body.**
- 19. The dietetics practitioner supports and promotes high standards of professional practice. The dietetics practitioner accepts the obligation to protect clients, the public, and the profession by upholding the Code of Ethics for the Profession of Dietetics and by reporting alleged violations of the Code through the defined review process of The American Dietetic Association and its credentialing agency, the Commission on Dietetic Registration.**

I have read and comprehend the information presented in the ISU DPD Handbook. I agree to abide by the policies set forth in these handbooks throughout the remainder of my undergraduate studies in dietetics.

DPD Student Signature

Date

Witness

Date